

American Academy of Kinesiology and Physical Education

NEWSLETTER

Spring/Summer 2004

Volume 25, No. 1

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**American Academy of Kinesiology
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President's Message

**Jim Morrow,
President**

**My, how far we have come
in 75 years!**

Dear Academy Fellows:

As we prepare for the fall meeting and the celebration of the 75th AAKPE anniversary in 2005, it is interesting to review some historical documents and see that we may not have come as far as we thought in 75 years. We recently requested input from the Fellows about the place and location of 75th anniversary meeting (fall 2005). In going through the AAKPE Archives at Pennsylvania State University recently, I came across a survey conducted nearly 60 years ago (February 1945). The Fellows were asked if a meeting should be held, where it might be held, would you come to the meeting, etc. We recently surveyed Fellows in the same way about the same things. The most recent was done via the Internet and theirs was typed and mailed. Responses to the survey indicated that WW II obviously played a significant role in travel but the key thing was "travel cost." Sound familiar?

The AAKPE is taking significant steps related to Doctoral Program Evaluation and visibility. Please review the update from the AAKPE Doctoral Program Evaluation Committee in this Newsletter. The actions that the Academy has taken over the past several years are coming to fruition. In addition to evidence presented to the National Research Council, the Academy continues to develop procedures to evaluate doctoral programs in our discipline. This action, taken over a number of years, could well be one of the most significant academic steps ever taken by the Academy. Recruiting, developing, and mentoring future scientists is a significant part of each Fellow's life.

Likewise, the Doctoral Program Evaluation Committee is developing a WWW link that will have information about doctoral programs in our discipline. The hope is that faculty and students will view the AAKPE WWW doctoral program information as "the source" to turn to for information about doctoral programs in Kinesiology and Physical Education. The

Academy is taking steps "...to bring together those who are doing original scientific work in the field of [kinesiology and physical education] and to aid in the promotion of such work" ("Academy of Physical Education" by Luther Gulick, *American Physical Education Review*, May 1910, p. 342). We will notify everyone as soon as the site is active.

Please mark your calendar for September 9-11, 2004 when we will convene at Oak Brook Hills Resort & Spa in Oak Brook, IL. Dick Magill has developed a fine program that should be of interest to all Fellows. Please see the program later in the newsletter. The program "Movement and Mobility: Essentials for Daily Living" sounds as if it has common themes to those discussed at the 1945 annual meeting under the program entitled "The Problem of Physical Fitness."

Yes, indeed, our predecessors faced the same issues that we face today. The terms might have been different, the faces different, the locations different, and the formats for presentation different, but the issues seem strangely familiar.

Lastly, I ask each of you to join in the tradition of communicating directly with the newly elected AAKPE Fellows who are identified later in the newsletter. I distinctly recall the feelings I had when I received individual congratulatory notes upon election to Fellow status. Please join me in continuing this tradition of sending a personal greeting to newly elected Fellows.

Have a great, productive summer.

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President Elect's Message

**T. Gilmour Reeve,
President-elect**

The President Elect chairs the Standing Committee on Nomination and Election of Officers. The committee is responsible for the nomination of candidates for positions and the conduct of the election of officers. The members of this year's committee were Barbara Ainsworth, Karen DePauw, David Perrin, and James Pivarnik. I appreciate the work of this committee and the attention to our task from each member. The committee solicited nominations from the members and identified an outstanding slate of candidates. The nominees were Jane Clark and Beverly Ulrich for president-elect, Gregory Payne and Phillip Sparling for secretary/treasurer, and Jeffery McCubbin and Michael Sherman for member-at-large. I want to thank each of these individuals for agreeing to be nominated for these offices. I am pleased to announce that Jane Clark was elected president elect, Gregory Payne was elected secretary/treasurer, and Michael Sherman was elected member-at-large. These individuals will join the executive committee at the fall meeting.

The Academy is only as strong as the contributions from those members who actively participate in the organization. Through our members, we have unique opportunities to shape our profession and to provide the needed leadership to a discipline that is still evolving. Your attendance and participation in our annual conference at Oak Brook Hills Resort in Chicago is important. Past-President Dick Magill has organized an excellent program with outstanding speakers. I encourage your attendance and look forward to interacting with each of you during the meeting.

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Letter from the Past-President

Richard A. Magill

In this my last Newsletter message as Past President, I want to take a moment to reflect on the past three years in which I have had the opportunity to serve the Academy. Foremost is the progress we have made in our efforts to add Kinesiology / Physical Education to the taxonomy of doctoral programs reviewed by the National Research Council. I want to acknowledge and thank Jerry Thomas and Scott Kretchmar for providing consistent leadership in this process for the past three years, as well as the work of Jim Bloedel, Jim Morrow, and Tim White, who has recently joined the team to interact directly with NRC personnel. In addition, we have continued to move forward with the Academy's own doctoral program evaluation process (the history of this process can be viewed on the Academy website). I thank Deb Feltz and Jim Morrow, in particular, who have been actively involved in the past three years in furthering the Academy's efforts. They have taken the lead in the gathering of information from the various doctoral programs in the U.S. so that we can improve the visibility of these programs and better prepare to provide our own evaluations should the NRC reject our inclusion request. A distinct fringe benefit of all these efforts is that we now have a more comprehensive understanding of the quantity and quality of doctoral programs in Kinesiology / Physical Education. It is my sincere hope that the Academy will use this newly gained understanding as a means to direct future Academy activities.

As Past President, my primary work has been the planning of our 2004 annual meeting program. I noted in the last Newsletter that the theme for the program is "Movement and mobility: Essentials for daily living." I am very pleased to be able to say that we now have all the speakers on board. Their names and topics for their presentations are listed elsewhere in this Newsletter. I want to acknowledge the work and support of the program committee, which along with me as chair, consists of Jim Morrow, Gil Reeve, and Waneen Spirduso. Because the study and understanding human movement and mobility are important to all Academy members, it is our hope that the topics discussed at the meeting will stimulate

thinking, awareness, and lively discussion among those in attendance.

In closing, I want to extend my appreciation to the Academy membership for their support and confidence in me during the past three years. To serve in this capacity is an honor as well as a responsibility.

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Senior Member-at-large Message

Dana Brooks

It has been an honor to serve as "Member-at-Large" on AAKPE's Executive Committee. I would like to commend President James R. Morrow, Jr., and past presidents Richard Magill and Deb Feltz for their dedication and visionary leadership. I am confident that Gil Reeve, President-elect, will continue the tradition of providing exemplary leadership, scholarship, and service. Johnnetta Cole noted, "The ultimate expression of leadership is service to others."

The duties and responsibilities of the "Member-at-Large" are clearly defined (i.e., serves for a two-year period, represents the membership on the Executive Committee, etc.). Yet, during my tenure on the Executive Committee, I have come to realize the primary responsibility of the "Member-at-Large" is to promote and support those activities and initiatives that further the purposes of the Academy.

Over the past two years, Academy Executive Committee meetings consisted of discussion and action taken in the following areas: membership, awards recognition, newsletter, nomination and election of officers, Doctoral Program Evaluation and NRC Evaluation. Looking towards the future, I believe the academy must continue its advocacy and support for the following activities:

- Have Kinesiology/Physical Education added to the content area that the National Research Council (NRC) evaluates;
- Move forward on Doctoral Program Review;
- Continue to solicit nominees for fellowship.

Ralph Waldo Emerson reminds us, "The office of the scholar is to cheer, to raise, and to guide men by showing them facts amidst appearances. " The Academy remains committed to its primary purpose, "to advance knowledge in the field of physical education, to uplift its standards, and uphold its honor."

In closing, I would like to thank the fellows for their friendship and support. Service on the Academy's Executive Committee has been a learning and gratifying experience. I would also like to acknowledge the dedication and hard work of the Academy's Executive Committee members. You are the greatest! Have an enjoyable and healthy summer.

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AAKPE Minutes

February 6, 2004

Conference Call

Present: J. Morrow, G. Reeve, R. Magill, D. Brooks, J. Dunn, J. Martens, K. Scott, B. Ainsworth

Called to Order (9:30 CST) by President Morrow

Minutes

Brooks moved and Reeve seconded that the minutes of the September 11th meeting as distributed be approved. Discussion followed with the understanding that editorial changes would be made prior to posting the minutes on the Website. The motion by Brooks was amended to include editorial changes. The motion passed.

Suggestion followed that the Hetherington Award list should be moved to the front page of the AAKPE website. There was concurrence that this was a good idea.

Brooks moved and Reeve seconded that the minutes of the September 13th meeting as distributed with editorial changes be approved. The motion passed.

Morrow reported that a \$400.00 gift to the CDC has been sent in recognition of Dr. Dietz's presentation at the 2003 Annual Meeting.

Reeve suggested that when minutes are published in the Newsletter they should be listed as "draft" until approved by the appropriate body. This recommendation was endorsed by the Executive Committee.

Doctoral Program Review Committee

Morrow introduced the discussion of the NRC. Morrow thought it unlikely that we will be added to the NRC. The issue relates to the term physical education and the continuing perception that our degrees are housed in Education rather than Health, Arts and Sciences etc. Jim Voytuk is the person from NRC that has been the contact for Morrow.

Discussion focused on representation at the next meeting of the NRC. Following extensive discussion, the Executive Committee concluded that it would be best to have Tim White from Oregon State University represent AAKPE. A decision was made to ask Scott

Kretchmar to also participate. Kretchmar's early leadership in this effort and his proximity to DC made him an ideal representative. Other AAKPE representatives were discussed. Morrow is to contact Tim White.

There was wide acknowledgment that AAKPE needed to provide funds to support our continuing efforts with data collection. For instance, Jerry Thomas has requested \$600 to help fund a graduate student at Iowa State University. The student would work directly with Thomas on data collection with respect to information needed for our NRC discussions. This was approved by the Committee.

Morrow reminded others that regardless of the NRC conversations, there is a need to continue to press forward with the doctoral program evaluation commitment. Discussion followed on the need to provide funds to support the doctoral program evaluation committee for a face-to-face meeting in Dallas.

Move that funds be approved for the Doctoral Program Evaluation Committee to meet and advance the doctoral survey. (Magill moved to approve, Brooks seconded - approved)

Update on fall 2004 Program - Magill

Magill brought the board up to date on plans for the fall 2004 program. Members of the planning committee include: Magill, Spriduso, Reeve, and Morrow.

Update on Site Selection for fall 2005 Meeting - Kim Scott

Scott is making contact with places to meet in New York City. Room rates are running very high at \$250-\$280 per night. Registration fee could double due to cost. If we make the commitment, we will have to confirm a certain number of rooms.

Given the prices and possible cost of the convention, the Executive Committee agreed to do an email survey to see what the membership thinks. The survey should also include alternative possibilities in the state of NY. Scott will follow up on this.

The date of the fall 2005 meeting is not yet set, but it will be between Mid-September to Mid-October. Other comments focused on an alternate site other than NYC. Morrow and Scott will review options and come back to the Board with more definitive plans and possible options.

International Dues Update - Kim Scott

Scott indicated that Human Kinetics (HK) has changed how journals are now shipped to International Fellows. The new process includes a charge of \$10 per journal delivery (World Wide Express). Currently, the Academy charges international members \$33, which means that we are losing approximately \$8 per member.

It was moved by Magill, seconded by Reeve that International members be assessed the cost of the journal, including mailing. The motion passed. Scott reminded the Executive Committee that this proposed change needs to be sent to the membership for their approval.

Future Program Ideas 2005/2006

Morrow indicated that the focus of the 2005 meeting will be on 1) The History of the AAKPE and 2) university core requirements in physical education/activity service classes. Morrow proposed that funds be used to support the cost of an individual who does an outstanding impersonation of Babe Didrickson Zaharias. Jim projected the cost to be approximately \$3,000.

Reeve indicated that he is considering the topic of finding solutions to the barriers that impede participation in physical activity. Reeve added that he wanted to include the participants in more active dialogue and discussion. The format regarding the conference is part of his thinking and planning.

Ainsworth concurred that we need to include more on how to get physical education back into the curriculum. She added that roundtables are a good way to go.

Update on 2004 Membership dues paid and follow-up letters sent Fall 2003

Scott reported that there are 13 pending members who did not pay for 2003. Six of the 13 remain pending and they have been sent reminders.

	<u>2004 Dues Update</u>		
	Paid	Not Paid	Paid \$0
Active	103	25	
Emeritus	35	33	11
International	8	41	19

Note: Seven of the unpaid Active members for 2004 are on a committee or are a committee chair.

Comments on Fall/Winter Newsletter

The Executive Committee commented favorably on the look and feel of the Fall/Winter Newsletters. Positive observations were made regarding the inductee's brief biographical sketches.

Other comments related to the budget and efforts to better communicate what we are doing with our resources. For Development possibilities, Brooks suggested that we identify categories that people might give to. Magill seconded the comments on contributions by reiterating that there are things we want to do that we are not currently doing. The state of the treasury might give folks impression that we have money and no needs.

Martens indicated that we have \$4,273 in the bank. Our investments were at \$77,603 on August 31, 2003 and on Feb. 6, 2004 they were at \$89,026, an increase of \$11,423 of which approximately \$6,000 was from growth of the funds and the rest from additional investments.

Donations to Memorials

Morrow suggested that the AAKPE consider sending a donation upon the death of Fellow.

The AAKPE Memorials Committee would identify the agency/fund to which such a donation would be made and then inform the AAKPE Business Office.

Moved that the AAKPE contribute \$100 (active and emeritus members) who die in a particular year to submit to the appropriate fund (in the person's honor) as determined by the memorial committee. (Ainsworth moved, Reeve seconded). The motion passed and will be effective immediately.

Martens reminded the Executive Committee that the operating code will need to be changed to reflect this motion.

Other

Morrow received a Letter from the President's Council to nominate folks who have made significant contributions. The committee discussed a possible nominee with the understanding that Morrow would follow up.

Meeting ended at 11:14 a.m.

Respectfully submitted by:

John M. Dunn
Secretary-Treasurer

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Committee Reports

Committee on Memorials

Please notify John Shea jbshea@indiana.edu, Chair of the Committee on Memorials, if you learn that an AAKPE Fellow has passed away. He will make arrangements for a member of the Committee or another AAKPE Fellow to write a statement of remembrance which he/she will read at the next annual meeting. Thank you in advance for helping to keep us all informed.

AAKPE Doctoral Program Committee Report

For several years our Committee (and earlier versions of it) has been developing a system to evaluate U.S. doctoral programs. The Committee met at the University of Texas at Austin on April 16-17, 2004, and finalized materials and procedures to be used in the upcoming evaluation. Our thanks to Waneen Spirduso and the University of Texas for hosting this meeting. There are four activities we would like to tell you about.

The regular AAKPE website now includes a list of the 62 doctoral granting institutions with website contacts that can be used by anyone interested in locating programs. Each institution was invited to verify their information and add a 150 word description of their doctoral program. AAKPE Fellows are also listed for each institution. We invited any corrections/additions/revisions to this listing.

At the upcoming Fall AAKPE meeting the Committee will present the final version of the evaluation plan including the schedule to be followed. The process will begin later in the Fall of 2004 and results should be available in the Spring of 2005. We expect to do three things with the outcomes:

- Provide detailed results to each institution that participated
- Post the results on the AAKPE website
- Develop a paper for Quest reporting the results

With these activities, the Academy continues to develop its goal of becoming the 'best source' of information about doctoral programs in the study of physical activity.

In addition to the above activities, the Committee continues AAKPE efforts to have 'kinesiology' included in the National Research Council Doctoral Program Evaluation Process now scheduled for 2007. The Committee has developed materials, a strategy, and

selected appropriate Fellows for an invited presentation at an upcoming fall meeting of the NRC 'Taxonomy Committee'. Assuming the NRC goes forward their evaluation on schedule (there have been several delays already), a publication from this is likely sometime in 2009. Whether or not we are included in the NRC evaluation, given the time line we thought it appropriate to complete the AAKPE Doctoral Program Evaluation during the 2004-05 year.

Finally, Jerry Thomas and Jim Morrow have developed a paper describing all of the above in greater detail that will be published in an upcoming issue of Quest. Included in this paper are details about the NRC process and AAKPE's efforts to be included, a listing of the 62 doctoral programs, a short overview of the AAKPE Doctoral Program Evaluation Process, and a brief analysis of the locations and names of doctoral programs.

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Election of New Officers

Reported by Reeve Gilmour, President-elect

I am pleased to announce the results of the election of officers for AAKPE. Jane Clark was elected president, Gregory Payne was elected secretary/treasurer, and Michael Sherman was elected member-at-large. Congratulations.

For the full text of the election process see the President-elect's message earlier in the newsletter.

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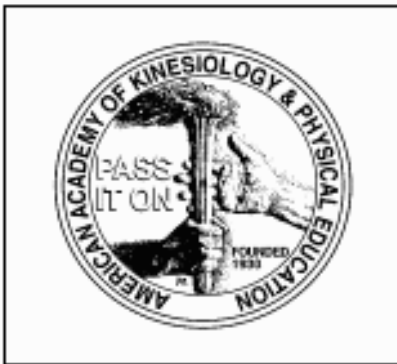
Annual Meeting Information

[Program Agenda](#)

[Activities / Golf Scramble](#)

[Transportation Information](#)

[Registration Form](#)



July 2, 2004

It's time to make preparations for your attendance at the 2004 American Academy of Kinesiology & Physical Education annual meeting **September 9-11 at Oak Brook Hills Resort in Oakbrook, Illinois**. Here are the details:

Richard Magill from Louisiana State University has developed an engaging program that will interest everyone- "Movement and Mobility: Essentials for Daily Living." A copy of the program is below. We've also enclosed some other information for you:

1. **Registration.** You need to register either online at [online](#) or send in your registration form as soon as possible so we know you're coming. Send the **light blue** colored form to AAKPE or register online by **Friday, August 6th** along with your registration fee of \$165. Your fee includes the conference meetings along with breakfast and lunch on Friday and Saturday and the banquet on Saturday evening. If you would like to bring a guest to the banquet, there is an additional cost of \$50.

If you are a New Fellow, please note that the registration fee is waived for you, but we still need for you to complete and return the registration form. If you are a New Fellow and plan to bring a guest to the banquet or participate in the golf outing, then you will need to send in payment for those options.

2. **Hotel Brochure.** Oak Brook Hills Resort (OBH) is a lovely resort located in suburban Chicago and situated on 150 acres. OBH is conveniently located within easy reach of Chicago, a world-class city of unsurpassed beauty, attracting visitors from around the nation and the world. Located on the shores of Lake Michigan in the heart of the Midwest, Chicago is home to the Blues, several sports teams, an internationally renowned symphony orchestra, spectacular live theater, celebrated architecture, thousands of restaurants, and world-class museums and shops.

To make your reservation, call (630) 850-5540. **Please make sure you give the resort the AAKPE name when you call to make your reservation to receive the conference**

rate of \$119 for single occupancy and \$139 for double occupancy (plus state and local tax). In addition, you will be charged a mandatory \$5.00 guest service fee, which covers the following amenities (USA Today, local calls, first 15 minutes of toll calls, high speed internet access, and full use of the fitness center, full use of the indoor/outdoor pools, and parking).

Please note: In past years **we have run out of rooms, so please don't procrastinate in making your reservations!** The resort will only hold our specially priced room block **until Tuesday, August 10th.** After that date, **they will handle requests for accommodations on a space available basis.** Please make your reservations early.

3. **Transportation.** See the **salmon** colored information sheet regarding transportation from O'Hare International Airport and Midway Airport (including a special rate from Enterprise for rental cars). Also included are directions to OBH from O'Hare and Midway.
4. **Activities.** Are you interested in playing in the annual AAKPE golf tournament? Perhaps you'd like to participate in tennis, swimming, basketball, or jogging. Oak Brook Hills offers plenty of activities for "movement and mobility." Please see the **yellow** colored activity sheet in your package for all of the details.
5. **Executive Committee Breakfast with Emeritus Fellows and New Fellows Form.** If you are a New Fellow or Emeritus Fellow, a breakfast will be given in your honor on Saturday morning at 7:00 am. This breakfast will give you the opportunity to become acquainted with some of your fellow academy members and the executive committee. Please return the **lavender** colored form with your registration to let us know whether or not you will be attending this breakfast.

If you have any questions about the conference, please feel free to call Kim Scott at the AAKPE Business Office (800-747-4457, ext. 2234; or e-mail her at: kims@hkusa.com). You may also fax her at 217-351-2674.

September 9th is just around the corner, so make your plans now to attend what promises to be another great conference! We look forward to seeing you in Oak Brook Hills.

Important registration dates to deal with so you won't be disappointed:

- Make your hotel room reservation **immediately** to ensure that you get a room at Oak Brook Hills Resort. **After Tuesday, August 10th, 2004, they will handle requests for accommodations on a space available basis.**
- Please register online or send your conference registration forms and fee along with any additional fees (guest banquet fee or golf fees) to the AAKPE Business Office **by Friday, August 6th with your registration.** There are a limited number of tee times available and play will be on a first-come, first-serve basis.

The AAKPE Executive Board

Program for the 2004 Meeting of AAKPE

"Movement and Mobility: Essentials for Daily Living"

Quality of life is in large part dependent on one's capability to engage in coordinated movement in all aspects of daily life. Whether the daily task involves getting out of one's bed and walking to the bathroom, keyboarding at a computer at work, or riding a bicycle as a means of transportation or exercise, movement and mobility serve as key factors in determining the level of success and independence one can achieve at home, work, or play. The goal of the program is to establish the importance of movement and mobility for all people by providing Academy members an opportunity to become acquainted with research and professional practice issues related to the multi-disciplinary nature of movement and mobility as they relate to our daily lives. The meeting will end with a capstone summation by Scott Kretchmar and a general discussion session for all attendees.

Thursday, September 9, 2004

2:00 - 5:00 pm	Executive Committee Meeting	
5:30 - 7:00 pm	Registration	
7:00 pm	Welcoming Comments	James Morrow (Fellow #341) AAKPE President University of North Texas
7:10 pm	Introduction of Conference Theme	Richard Magill (Fellow #317) AAKPE Past-President Louisiana State University
7:25 pm	Introduction of Keynote Speaker	Gil Reeve (Fellow #358) AAKPE President Elect Texas Tech University
7:30 pm	Keynote Address: What can research concerning movement and mobility in daily living mean to people?	Wojtek Chodzko-Zajko (Fellow #407) University of Illinois, Urbana- Champaign
8:15 pm	Questions and Discussion	Moderator: Gil Reeve
8:45 p.m.	Reception Honoring New and International Fellows	

Friday, September 10, 2004

6:30-7:30 am Breakfast in Windows Restaurant (Buffet)

Session 1 - Personal Influences of Movement and Mobility

- | | | |
|----------------|--|--|
| 7:45 am | Movement and mobility influences on public health | Barbara Ainsworth (Fellow #376),
San Diego State University |
| 8:10 am | Questions | |
| 8:20 am | Movement and mobility influences on cardiovascular disease | Steven Blair (Fellow #302),
Cooper Institute, Dallas, TX |
| 8:45 am | Questions | |
| 8:55 am | Self-efficacy beliefs related to movement and mobility | Deborah L. Feltz (Fellow #340),
Michigan State University |
| 9:20 am | Questions and Discussion | |
| 9:35 am | Break | |

Session 2 - Lifespan Development Issues Related to Movement and Mobility

- | | | |
|-----------------|--|--|
| 10:00 am | Infancy and childhood developmental factors that influence movement and mobility | Jane Clark (Fellow #348),
University of Maryland, College Park |
| 10:25 am | Questions | |
| 10:35 am | Movement and mobility influences on the aging process | Roberta Rikli (Fellow #351),
California State University, Fullerton |
| 11:00 am | Questions and Discussion | |
| 11:15 am | Break | |

Session 3 - Motor Learning and Motor Deficits Perspectives on Movement and Mobility

- | | | |
|----------|--|--|
| 11:25 am | 2004 Lynn Vendien International Lecture
Learning issues related to movement and mobility in daily living | Timothy D. Lee (International Fellow),
McMaster University,
Hamilton, Ontario, Canada |
| 11:50 am | Questions | |
| 12:00 pm | Motor deficits in Parkinson's Disease | Daniel Corcos (Fellow #426),
University of Illinois, Chicago, and
Julie Robichaud,
Indiana University, Indianapolis |
| 12:25 pm | Questions and Discussion | |

12:35 pm Lunch in Windows Restaurant (Buffet)

After Lunch Recreation

Saturday, September 11, 2004

6:30-7:45 am Breakfast in Windows Restaurant (Buffet)-for all all not attending breakfast below

7:00 am Executive Committee Breakfast with New Fellows and Emeritus Fellows

Session 4 - Gait and Artificial Limb Control as Issues Related to Movement and Mobility

8:00 am Stability and adaptability of gait control: Implications for mobility and daily living
Richard van Emmerik,
University of Massachusetts, Amherst

8:25 a.m. Questions

8:35 am Upper extremity artificial limb control as an issue related to movement and mobility in daily living
Steve Wallace (Fellow #434),
San Francisco State University

9:00 a.m. Questions and Discussion

9:10 am Break

Session 5 - Professional Issues Related to Movement and Mobility in Everyday Living

9:30 am Physical Education
Steven Silverman (Fellow #374),
Teachers College,
Columbia University

9:50 am Questions

10:00 am Dance Education
Susan Koff,
Louisiana State University

10:20 am Questions

10:30 am Physical Rehabilitation
David Perrin (Fellow #401),
University of North Carolina at Greensboro

10:50 am Questions

11:00 am Wellness / Fitness Programs
Phillip Sparling (Fellow #424),
Georgia Tech

11:30 am Questions and Discussion

Session 6 - Capstone Summation and General Discussion

11:45 am Capstone Summation

Scott Kretchmar (Fellow #330),
Penn State University

12:10 pm General Discussion

12:30 pm Lunch in Windows Restaurant (Buffet)

1:30 pm Business Meeting

**3:00 pm Recreation
New Executive Committee Meeting**

7:00 pm Reception

7:30 pm Academy Banquet and Program

Enjoy Recreational Activities at Oak Brook Hills Resort

Oak Brook Hills Resort offers several activity options for your free time including an outdoor pool, sundeck, hydrotherapy hot tub, and indoor pool with lap lanes. The health and fitness center offers Cybex, Universal and Life Fitness machines, strength-training equipment, indoor jacuzzi, massage therapy, dry saunas and men's and women's locker rooms. Other recreational activities available at Oak Brook Hills include three outdoor tennis courts, basketball courts, sand volleyball courts, and outdoor jogging trails nearby. If you haven't already done so, please take time to check out the OBH website: www.oakbrookhillsresort.com.

Annual Golf Scramble

We're all set for the AAKPE Golf Tournament to be held on Friday afternoon (September 10th). The tournament will be held at the 18-hole, championship Willow Springs Golf Club. Willow Springs is a magnificent golf course that winds its way around the entire 150-acre resort. With multitiered tees, the course presents a new challenge each time you play. Enhanced by a large putting green, canopied golf carts, a bag-handling service and award-winning pro shop. The tee times begin at 1:30 PM, so you'll need to be ready to leave immediately at the conclusion of lunch.



Everyone is invited to join the golf outing. Players of all abilities (high handicappers, low handicappers, duffers, experts, etc.) are welcome to register. The cost per golfer for this great event is \$79, which includes greens fees, cart, and tax. If you need to rent clubs, the cost is \$50 (for Callaway clubs, you can pay this at the pro shop).

As in the past, we must receive your golf payment at the time of registration to reserve your spot. Limited tee times are available. There is a section on the registration form to list your golf information.

Transportation Information

Enterprise Rent-A-Car (Special AAKPE Discount)

1. To make your rental car reservation, contact the O'Hare Enterprise office at 800-867-4595 or the Midway Enterprise office at 773-735-8860. Give the reservation agent the name of the group (AAKPE) and the group account number (15C7725). Using this number, you will receive a 10% discount. You may also make your reservation online at www.enterprise.com (simply enter the account number and then you'll be prompted to enter the first 3 characters of your company's name [AAK]).
2. Classes of Cars
 - a. Full Size Car (Camry, Grand Prix, Altima, Regal, Taurus)
 - b. Standard Size Car (Malibu, Grand Am, Stratus)
 - c. Intermediate Size Car (Corolla, Cavalier, Focus)
 - d. Compact Size Car (Dodge Neon, Ford Escort, Toyota Echo)
 - e. Mini Van (Freestar, Grand Caravan, Town & Country)
 - f. SUV (Trailblazer, Explorer, 4-Runner)
3. Mileage - All rates include unlimited mileage within the tri-state area.
4. Optional Coverage:
 - a. Supplemental Liability Protection: \$9.99/day
 - b. Collision Damage Waiver: \$10.50/day
 - c. Personal Accident Insurance: \$5.00/day
5. Taxes - 18%
6. Location of Enterprise Office- travelers should proceed directly to baggage claim and you'll pick up a shuttle outside of this area. Shuttle buses run every 5-7 minutes from this area to the Enterprise Office so there is no need to call.
7. Ride Sharing - the Business Office will keep a list of those willing to share a rental car and will email that list to anyone who indicates an interest on the registration form.

My Chauffeur Limousine Service

1. To make your reservation, call My Chauffeur directly at 800-244-6200.
2. Rates: The one-way fare to/from O'Hare is \$17.60 per person. The one-way fare to/from Mid-Way Airport is \$31.90 per person.
3. Please have your full arrival and departure flight information, contact telephone number, email address (if applicable) and credit card payment information available at the time of your call.
4. Upon arriving at O'Hare or Midway Airport, please claim your baggage and call 800-244-6200 with your confirmation number. The limo service will direct you to a meeting place and be there within 8-12 minutes.

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A., phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: humank@hkusa.com

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American Academy of Kinesiology
and Physical Education

2004 Annual Meeting Registration Form

Name:

Address:

City:

State:

Zip:

Phone Number:

E-mail:

First Name or Nickname for Nametag

Guest's Nametag

The registration fee is \$165 per person (member, nonmember, or guest). If you would like to bring a guest to the banquet only, the fee is \$50/person.

Conference Registration (\$165/person)

AAKPE Member

Non-Member

New Fellow (registration fee of \$165 waived)

Please specify your banquet meal preference: Meat Vegetarian

Banquet (guests only):

No. of guests (\$50/person):

Guest's name:

Please specify guest's banquet meal preference: Meat Vegetarian

Rental car:

Yes, I am planning to rent a car. Please include my name in the email notification asking if there are people willing to share the cost of rental vehicles based on arrival times. The Business Office will supply a list via email of those people who have marked "yes" on this registration. It will be up to the individuals to coordinate rental sharing from this list.

All Activity Fees Must Also Be Received By Friday, August 6, 2004

Activity blocks and tee times will be released after this date!

Golf Tournament:

Yes, sign me up for the annual golf tournament. I'm enclosing the \$79.00 (includes cart & tax) fee.

My typical 18-hole score (without handicap) is _____ .

Payment Summary:

Registration \$

Guest Banquet \$

Golf \$

Total \$

Credit card type:

Credit card #:

Expiration date:

**REGISTRATION FORM & PAYMENT MUST BE RECEIVED BY
FRIDAY, AUGUST 6TH.**

PLEASE CONTACT KIM SCOTT IF YOU HAVE ANY QUESTIONS.

KimS@hkusa.com

(800) 747-4457, Ext. 2234

(217)351-5076

**American Academy of Kinesiology
and Physical Education**

NEWSLETTER
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Spring/Summer 2004
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Announcement of Hetherington Award Recipient

Robert N. Singer is the recipient of the 2004 Hetherington Award.

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Announcement of New Fellows to be Inducted at 2004 Annual Meeting

**Reported by Mark Fischman, Chair, Membership
Committee**

Active Fellows

James E. Graves
University of Utah
College of Health
Dean's Office
250 S. 1850 East, Room 200
Salt Lake City, UT 84112
Tel: (801) 581-8537
Email: james.graves@health.utah.edu
Sponsors: Philip Sparling & Priscilla Clarkson

Bradley D. Hatfield
University of Maryland
Department of Kinesiology
College Park, MD 20742
Tel: (301) 405-2485
Email: bhatfiel@umd.edu
Sponsors: Jane Clark, Catherine Ennis, James Hagberg and Don Franks

Gershon Tenenbaum
Florida State University
Department of Educational Psychology
And Learning Systems
307 Stone Building
Tallahassee, FL 32306
Tel: (850) 644-8791
Email: tenenbau@coe.fsu.edu
Sponsors: Deborah Feltz, Bonnie Berger and Robert Singer

International Fellows

Benoit Bardy
University of Paris
Research Center in Sport Sciences
Batiment 334 - 91405 Orsay cedex
France
Tel: 33 1 69 15 43 18
Email: benoit.bardy@staps.u-psud.fr
Sponsor: Mike Wade

Sigmund Loland
The Norwegian University for Sport and Physical Education
Institute for Social Science
NIH, P.O. Box 4014 Ullevål St.
Storkenebbv 13
0860 Oslo
Norway
Tel: 0047 23 26 24 12
Email: Sigmund.loland@nih.no
Sponsor: Glyn Roberts

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Information about Active Fellows of the Academy

Please submit news and information to Mike Sherman at sherman.4@osu.edu that can be included in the next newsletter.

Steven N. Blair of The Cooper Institute received President's Council on Physical Fitness and Sport Honor Award at the 51st annual American College of Sports Medicine Meeting in Indianapolis. The AAKPE Executive Board nominated Dr. Blair, former AAKPE President. The nomination stated, "Dr. Blair's contributions to the advancement of the science of physical activity are numerous. Since his original publication in 1966 ("Purposive physical education pays"), he has authored more than 300 peer-reviewed publications, representing the most highly recognized journals including the *Journal of the American Medical Association*, *the New England Journal of Medicine*, *Circulation*, *Diabetes Care*, *Stroke*, *Obesity Research*, *The American Journal of Cardiology*, *Archives of Internal Medicine*, and *Medicine and Science in Sports & Exercise*. The central focus of the vast majority of Dr. Blair's publications and presentations is the relationship between physical activity and health outcomes. His research is often cited to document the relations between a physically active lifestyle and cardiovascular disease, overweight and obesity, diabetes, metabolic syndrome, stroke, cancer, and hypertension."

Blair follows in the footsteps of Chuck Corbin, Don Franks, Bob Pangrazi, and Margaret Jo Safrit who received the President's Council on Physical Fitness and Sport Honor Award in 2003. Like Blair, Corbin, Franks, and Safrit have served as the AAKPE President.

Congratulations to each of the fellows for this prestigious award.

Mark G. Fischman was given the Outstanding Alumnus Award for 2004 by the School of Kinesiology and Recreation Studies at James Madison University. Fischman did his master's degree from 1974-1976, when it was still Madison College.

Dana Brooks was selected Diverse Scholar, Kutztown University, Kutztown, PA, January, 2004. Dr. Brooks made a major presentation titled: "Rise and Fall of the African American Athlete."

John M. Dunn has been appointed to AAHPERD's Research Consortium to serve as the Research Consortium's representative to the Board of Governors. Dunn replaces Academy Member Amelia Lee, who was acknowledged for her excellent contributions to the Research Consortium and Board of Governors.

Thomas McKenzie received the 2004 Distinguished Scholar Award, National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE) (Tampa, January, 2004). He also received the Thirteenth Annual Raymond A. Weiss Lecturer Award, AAHPERD Research Consortium (American Alliance for Health, Physical Education, Recreation, and Dance Annual Meeting, New Orleans, March, 2004) and provided the keynote address titled

"Interventions to promote youth physical activity," for the *Young People, Sport and Physical Activity: Healthy Futures Conference* in Hamilton, New Zealand in January, 2004. His new contact information is Thomas L. McKenzie, Ph.D., Professor, Department of Exercise and Nutritional Sciences, San Diego State University, ENS 314, San Diego, CA 92182-7251, (619-594-4817; fax 619-594-6553), http://www-rohan.sdsu.edu/dept/ens/ens_web/faculty/mckenzie.htm.

We all mourn the loss of AAKPE Fellow, **Harold Morris**. Hal's passing was very personal to Joel Meier because he was his close friend, colleague, mentor, and avid ski buddy. Hal and Joel were skiing together that afternoon when he passed away. It was a privilege for Joel to ski with Hal that day, and he extends that same privilege to you by sharing "Hal's Last Run."
Don Franks

Hal's Last Run

Every skier knows there are really good days and really bad days, but for Hal just being in the Colorado Mountains made every day a great day to be alive. After all, skiing was Hal's passion, unmatched by almost anything else. Attached to his keychain was a tag inscribed with the word "SKI," his screen-saver flashed "SKI" all day long, and a sign in his Georgetown, Colorado condo read "a bad ski day is better than any great day at work."

On January 22, Hal is having one of those really great days. He is skiing at Keystone, Colorado with a couple of his closest friends, and they are enjoying the very best of what Mother Nature has to offer. It is a beautiful, cold, sunny western high-mountain day with cobalt blue sky and crispy thin air. From the top of Keystone you can see a hundred miles in any direction. The mountain peaks seem close enough to reach out and touch. On Hal's last run he is skiing better than ever before—flying down Diamondback, one of the most challenging runs on the mountain. More than half way down he carves his last beautifully executed turn and then hangs up his skis for good. It is a beautiful afternoon, Hal is doing what he loves most, and his passing is sudden and without suffering. Hal's last run is beautifully done!

Why did Hal's passion for skiing take him back time and again to those Colorado Mountains? What is it that brought him back year after year? Let me try to explain. The day after Hal's passing I feel an emptiness and want to clear my head, so I head out to ski Diamondback again. I want to re-live Hal's last run, make turns on the snow where Hal carved turns, and experience those same wonderful exhilarating sensations that we enjoyed the day before. So, I head up the mountain to do Diamondback again. I've probably made this run 50 times before, but this time I am determined to concentrate fully on my senses so as to be more fully aware of the total skiing experience. I want to fully re-live Hal's last run.

While riding the chair to the top of the mountain I take in the full beauty of the glorious surroundings. I remember the many wonderful conversations with Hal during those long and peaceful rides. Reaching the top, I head directly down the upper part of Diamondback, transitioning onto the long intermediate upper section. I concentrate on executing long smooth turns in the untouched powder along the edge of the run. I feel the tingle of the wind and the warmth of the sun on my face. In an attempt to re-create Hal's last run, out of habit I look back over my shoulder to be sure he is keeping up. And sure enough, there he is, in spirit at least, bombing along behind me with a big grin on his face. It's the wind in my eyes that is causing the tears to well up. Oh, yes, it's the wind that is causing the tears.

I blink twice, then in quick succession comes the hard left turn onto the major apex of the headwall. As my body pitches down the steep slope, I feel the excitement of instant acceleration and I can hear the ever-increasing rush of the wind through my helmet. I barely stay in control by making frequent turns while driving my skis hard into the snow. The rhythm and sense of flow at this moment make me happy and delirious with joy.

I look over my shoulder one more time, then shoot along the left tree line following Hal's tracks from the day before. I make one last graceful carving turn to the right, one back to the left, then come to a sliding stop at the very spot where Hal made his last turn. It is the most beautiful run that I have ever made, and one that is imbedded forever in my soul.

Thanks, Hal, for that last great run!

Joel Meier

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Letters from Emeritus Fellows of the Academy

Please submit news and information to Mike Sherman at sherman.4@osu.edu that can be included in the next newsletter.

Brian J. Sharkey, Ph.D., USDA Forest Service, Technology & Development Center, 5785 Highway 10 West, Missoula, MT 59808, Ph 406-329-3989, fax 329-3719, e-mail - bsharkey@fs.fed.us

A note for aging brains:

While skiing on a sunny Montana day in January, I suddenly found one ski stopped while the other continued. I fell backwards and hit my head on the hard-packed snow. A lady said a snowboarder skied over my ski. I never saw who did it. I had a mild headache but continued skiing that day and thereafter. Days later I bought the ski helmet I had been considering. Too late! Four weeks after the fall I began to experience symptoms, including problems using my right hand on the computer. It was a holiday so I went to the ER and was diagnosed with a subdural hematoma and operated on the next morning. I was alert to the risk of the subdural hematoma because our US Senator, Max Baucus, had one after a fall at mile 8 of a 50 mile foot race.

He got up and finished the race, only to need the operation weeks later. He is doing fine.

Things were going well for me until new symptoms emerged, some four weeks after the operation. The symptoms included problems finding or speaking words. It was back to the hospital for another operation, followed by much more careful post-op care. Incidentally, some 20% of cases require a second operation.

The moral of the story is simple: get protection before the injury. Over 60 year old brains are shrinking and more susceptible to injury. Also, it may have helped if I had stopped taking a small aspirin after the fall. I am now over six weeks post op and hoping for the best. It will be interesting to see how I return to skiing, cycling, and other activities. I know my publisher (HK) will be glad if I can find words and type them.

Brian

Christian W. Zauner, PhD, FACSM, Consultant, Exercise and Sport Science 14868 NE Thompson Court, Portland, Oregon 97230, e-mail czauner@comcast.net, Tel. 503-255-2545, Fax. 503-253-5717.

Thanks for the opportunity to inform others regarding my whereabouts and status.

I retired 1 August 1999 from the position of Dean, College of Health and Human Performance at East Carolina University, Greenville, North Carolina. I now draw retirement from the University of Florida, Oregon State University, and East Carolina. Nevertheless, the nice BIG checks every two weeks are sorely missed.

Upon retirement we (spouse Betty and I) moved back to Corvallis, Oregon, into the same residence as in my time at Oregon State. We had rented the Corvallis home while at East Carolina since I was hired at ECU as an "agent of Change" for a five year period. At the end of the five (1999) I was offered the opportunity of staying on, but a deal is a deal. I had succeeded in pleasing about half the faculty at ECU (for the most part the young people), and completely estranging the others. Clearly, it was time to leave. Beside all that, I spent most of my years in Academe bitching about the old farts who persisted in hanging on long after their effectiveness was gone. As a 70 year old Dean, it was obvious that I had achieved "old fart" status.

In December 2003 we moved to Portland in order to be closer to our daughter and our four grandchildren. This has worked well. We see the children several times a week and think we are helpful to the family.

In January 2004 I discontinued my consulting work, such as it was. I never pushed it very hard, and if memory serves, had a total of about 6 jobs in 4 years. Not a get rich quick scheme. Fun, however.

Contacts with European colleagues remain, especially with those in the Czech Republic. We have been back to Prague twice since retirement to visit with folks such as Jan Melichna, Stasa Bartunkova, and Jarda Novak. Also, we traveled to St. Petersburg last October to see old friend Vladimir Morozov and to tour the lovely city.

Betty is in excellent health. Probably due to the Czech genes. I have had 2 largely unsuccessful back surgeries plus a very minor stroke due to atrial fibrillation, in the last 2 years. However, I am feeling fine although my running and triathlon participation have come to a screeching halt. When a young man I dreamed of beautiful women. Now I often dream of running. Seems dreams are of things one cannot have.

Enough. Thanks again, Christian

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