

American Academy of Kinesiology and Physical Education

NEWSLETTER

Spring/Summer 2003

Volume 24, No. 1

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President's Message

**...Richard A. Magill,
President**

Just over ten years ago, in March 1993, the Academy membership voted at its annual business meeting to meet the next year at a time and place separate from the AAHPERD Convention. As many of you are aware, the annual Academy meetings had traditionally occurred a few days prior to and in the same location as the AAHPERD Convention. Among the several arguments in favor of the separate meeting was the need to meet so that members would not be distracted by AAHPERD's pre-convention activities, which were numerous. To further the notion of a minimal distraction annual meeting, the membership decided to meet at a resort-type location rather than in a city hotel. The agreement at that March 1993 meeting was to try the separate meeting for one year and then decide whether to continue separate meetings or to re-associate the annual meeting with the AAHPERD Convention, or possibly in conjunction with another professional association or society. The success of that first separate meeting, at the Westward Look Resort in Tucson, AZ in September 1994, was evident from the decision of the membership to meet separately the next and following years.

I thought of this Academy history as I considered some expressed concerns about our meeting locations. Looking at this history from a positive perspective, it is evident from attendance at sessions that the decision to meet in resort-type locations has encouraged Fellows to attend the annual conference. In addition, the relative lack of distractions has encouraged Fellows to interact with each other more than they might otherwise. However, this being said, I have heard a sufficient amount of disgruntlements concerning our meeting locations that I plan to ask the Executive Committee to revisit this issue in our meeting in Callaway Gardens and make a recommendation to the membership at the annual business meeting. I ask that all Fellows contact me between now and our annual meeting to give me your thoughts on this issue.

I strongly encourage all Fellows to attend our annual meeting in September at Callaway Gardens. The theme of the meeting, Obesity and Physical Activity, is exceptionally timely.

Deb Feltz has organized an excellent program, which will begin Thursday night with a keynote address by William Dietz of the Centers for Disease Control and Prevention. Papers will be presented on Friday and Saturday on topic that includes issues such as the assessment of physical activity in the obese, the role of physical activity in obese children and adolescents, the maintenance of weight loss, obesity and disease, physical activity, and diet, psychological aspects of obesity, and obesity prevention and treatment. In addition to the presentations and discussions related to the theme of the meeting, we will hold our annual business meeting. A significant report at this meeting will be from a presidential committee concerning several key issues related to the Academy's doctoral evaluation project. Jerry Thomas has chaired this committee this past year.

Please give special attention elsewhere in this Newsletter to the list of newly elected Active Fellows. Cathy Ennis did a superb job as chair of the Standing Committee on Membership, as did the members of that committee. In keeping with a tradition in the Academy, I encourage all Fellows to write a letter or send an e-mail congratulating and welcoming these new Fellows. We will honor them at the meeting in Callaway Gardens with a reception that will follow the Keynote Address on Thursday night. Each of these individuals will be inducted into fellowship in the Academy at our banquet Saturday night. To each new Fellow, I extend a hearty congratulations and welcome!

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President Elect's Message

**...James R. Morrow,
President-elect**

One of the major responsibilities of the AAKPE President-Elect is to Chair the Standing Committee on Nomination and Election of Officers and conduct the elections for the forthcoming AAKPE year. The members of this year's Nomination and Election Committee were Bonnie Berger, Harold Morris, David Perrin, and James Pivarnik. I thank each of them for their diligent service, quick responses to requests, and efforts to obtain nominations. I also thank each of the AAKPE Fellows who took the time and effort to nominate individuals for this year's elections. I am pleased to announce that Dr. T. Gilmour Reeve of Texas Tech University will assume the position of President-Elect at the annual meeting at Callaway Gardens in Pine Mountain, Georgia. Dr. Barbara Ainsworth, currently of the University of South Carolina (and soon to be at San Diego State University) has been elected as a Member-at-Large to the AAKPE Executive Committee. She too will assume her responsibilities at the fall meeting. The ongoing business and effectiveness of an organization can only be as good as those elected to provide leadership. I believe we have elected fine representatives of our organization. I thank those candidates who were willing to place their name in nomination for the two positions this year. I ask that each of us consider how we might better serve the Academy in future activities so that we can impact our profession and society. This involves service on various committees, presenting at the annual meeting, and providing input to discussions, positions, and ongoing Academy activities. I look forward to meeting with you at Callaway Gardens for a tie of professional and personal growth. Past-President Deb Feltz has developed an outstanding program on a topic that is in the news daily.

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Letter from the Past-President

...Deborah L. Feltz

This is my last letter as Past-President of the Academy. I have thoroughly enjoyed serving on the Executive Committee for the past five years, first as Member-at-Large and then in the Presidency role. I have particularly valued the work of the Executive Committee and Active Fellows regarding the accomplishments made to advance the doctoral program evaluation. It is my hope that this will be an ongoing project for the Academy.

During this past academic year, I had the privilege of participating in the CIC Academic Leadership Program with 54 other fellows from CIC institutions. We had three retreats at different institutions. At our last retreat, at the University of Wisconsin, I heard Peter Spear, Provost and Vice Chancellor for Academic Affairs speak on motivating and sustaining change. His "take-home" message for me was the reason for change is for survival. In Darwinian terms, survival is not about being the fittest, but about being the most adaptable. I think the field of kinesiology has adapted and been responsive to the changes in society and higher education necessary for its survival. I hope that the Academy also continues to be responsive to the changes necessary for it to survive as an honorary organization and "to advance knowledge in the field of physical education [and kinesiology], to uplift its standards, and uphold its honor." A continual examination of the current issues of the field, of higher education, and of the organization will be necessary for us to sustain change.

One organizational change within the Academy has been to give the responsibility for the conference program to the past president. Thus, my principal responsibility over the past year was to chair the conference program committee. Our committee of Dick Magill, Jim Morrow, and Bob Malina have worked to bring in speakers from a variety of disciplines to present on the cross-cutting theme of obesity and physical activity. Obesity has reached epidemic proportions in the United States and is starting to swell worldwide. Presenters at this year's conference will speak about obesity and its relationship to physical activity and health across the lifespan. We think that you will enjoy this timely and important topic. An

outline of the program and its speakers is listed in this newsletter.

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Announcement of Hetherington Award Recipient

Robert Christina is the recipient of the 2003 Hetherington Award

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Announcement of New Fellows to be Inducted at 2003 Annual Meeting at Callaway Gardens, Georgia

The academy will be pleased to induct into official membership, the following new fellows who were elected by the membership of the academy.

James R. Bloedel, PhD
Vice Provost for Research & Advanced Studies
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Tel: 515-294-1785
Email: jbloedel@iastate.edu
Sponsors: Jerry Thomas & George Stelmach

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Department of Exercise Science
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Email: mferrara@coe.uga.edu
Sponsors: Kirk Cureton & Dave Perrin

Mark D. Grabiner, PhD
School of Kinesiology (M/C 194)
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Chicago, IL 60608
Tel: 312-996-2757

Email: grabiner@uic.edu

Sponsors: Philip Martin & Deb Feltz

Lynn Dale Housner, PhD
School of Physical Education
University of West Virginia
P.O. Box 6116
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Tel: 304-293-3295
Email: lhousner@mail.wvu.edu

Sponsors: Dana Brooks & Shirl Hoffman

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Sponsors: Jerry Thomas & Ben Hurley

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Georgia Institute of Technology
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Atlanta, GA 30332-0356
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Email: mindy.millardstafford@ap.gatech.edu

Sponsors: Kirk Cureton & Emily Haymes

David L. Poretta, PhD
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School of Physical Activity & Educational Services
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Sponsors: Mike Sherman, John Dunn, Mary O'Sullivan

Mary Ann Roberton, PhD
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Email: mrobert@bgnnet.bgsu.edu

Sponsors: Bonnie Berger, Beverly Ulrich, Michael Wade

Debra J. Rose, PhD

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Sponsors: Ted Baumgartner & Margaret Safrit

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Letter from an AAKPE Executive Committee, Member-at-large

Bonnie Berger

Members-at-Large tend to be relatively silent in the Newsletter. However when Mike Sherman sent members of the Executive Board a request for newsletter items, I thought that I would provide several comments, observations, and questions. I have enjoyed my 2-year term as member-at-large serving you and representing you at board meetings. As my term of office concludes, the following four topics seem to be of particular concern to myself, and perhaps to you.

- **Impact of the Academy on the field of Kinesiology and Physical Education.**
What can the Academy do to maximize its contribution to the body of knowledge and its application?
- **Possible need for connections of the Academy to other related organizations.**
Might we have more of an impact by increasing our connections to other professional organizations? More specifically how might we structure interorganization working collaborations?
- **Future directions for the Academy that leave a legacy within Kinesiology and Physical Education.**
What are some needed initiatives that the Academy can achieve?
- **Last, but not least, location for the annual meetings.**
It is difficult to integrate the many important considerations: site rotations within the four quadrants of the U.S., variety within the quadrants, easy access by air, lodging conducive to member interaction, cost, ease of scheduling, and of course opportunities for golf and other types of physical activity, shopping, and good restaurants. Meeting location may seem like a trivial concern, but I think that location influences the breadth of membership participation.

In closing, I am wishing all of us in the Academy much success in continuing to address these and other items.

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Minutes of Executive Committee Spring Meeting

AAKPE Executive Committee Meeting Monday, February 3, 2003 Conference Call

Present: B. Berger, D. Brooks, D. Feltz, R. Magill, J. Martens, J. Morrow, K. Scott
Absent: J. Dunn

- 1. President D. Magill called the meeting to order at 9:33 a. m. CST**
- 2. Approval of Minutes from the September 28, 2002 Executive Board Meeting**
The minutes had been previously approved by e-mail so that they could be placed in the Newsletter.
- 3. Status Report on Officer Nominations/Elections**
J. Morrow reported that the Academy would be electing two officers for the offices of President-Elect and Member-at-Large. He indicated that he had received 10 nominations for each position. According to the Operating Code, his next step will be to contact the business office to make sure each of the nominees have paid their membership fees for 2003. He then will send the list of nominees to each of the committee members for them to rank. Once complete he will begin contacting nominees to obtain their acceptance of the nomination. The field of nominees would be narrowed down to two for each position and then ballots will be sent out from the Business Office.
- 4. Status on Membership Renewals**
K. Scott reported that membership renewal forms were mailed to members on December 20th with the deadline for return as January 31, 2003. To date 151 members have responded. Of those 151, 127 paid some form of membership dues.

Active Members Paid	77 (48 unpaid)
Emeritus Members Paid	36 (31 unpaid)
International Members Paid	11

Scott indicated that reminders would be sent to all members who have not paid.

5. Status Report on Doctoral Program Evaluation Survey

D. Feltz reported that the business office had emailed a letter to the 26 participating institutions. The deadline is February 7 for the institutional contacts to respond as to whether or not they agree to have their institution's data published on the AAKPE website. Eighteen institutions had responded. Feltz indicated that she would be drafting a letter to the institutions to inform them of the next course of action.

6. Status Report of Presidential Committees

A Doctoral Program Evaluation Development Committee-President Magill summarized the activities of the committee to date. At present, the committee is waiting to hear the results of the upcoming March 1, 2003 NRC meeting where it will re-review the possibility of including Kinesiology as an "emerging field."

B Lynn Vendien Donation Use-President Magill asked if the board members had any questions regarding the materials submitted by B. Singer and his committee. J. Morrow questioned whether or not the award recipient could be from the US since point #2 indicates "the award would be given to a current AAKPE fellow or to an inductee" and does not specify "international fellow." Another question raised by Morrow was related to point #4 ("the awardee would make a major presentation at the annual meeting on a topic that best represents his/her major contributions and area of interest") was whether or not the presentation would tie in with the overall theme of the annual meeting or if it would be on a separate topic. J. Martens explained that R. Martens talked directly with Lynn Vendien before her death and she expressed her wishes to him on how she wanted the money used. Her wishes were those reported in the October 1, 1998 Minutes. Other questions were raised on how to cover the awardee's travel costs and such and whether or not the Academy would cover any costs not covered by the award. President Magill said that he would pass the feedback on to Singer.

7. Status Report on QUEST concerns

J. Dunn was not present to give a report on this item. K. Scott indicated that all the materials for the Academy's QUEST issue had been submitted. Scott indicated that she would follow-up with Dunn to see if there were any other issues that needed to be addressed with Human Kinetics.

8. Status Reports on (a) updating Operating Codes (b) By-Laws Changes

J. Dunn was not present to give a report on this item. K. Scott indicated that a CD-Rom with updated Operating Codes and By-Laws had been received from S. Silverman and had been posted to the AAKPE website.

9. Status Report on Program for 2003 Annual Meeting

a. Program

D. Feltz reported that the program committee would consist of herself, President Magill, J. Morrow, and B. Malina. The keynote speaker is William H. Dietz of the CDC. The sub themes are: (1) Overview, (2) Physical Activity and Self, (3) Treatment and Prevention, (4) International. Feltz named individuals she had contacted or tried to contact. Feltz indicated that she would send the names of possible speakers and titles of talks to the executive board to review for possible suggestions of speakers.

b. Registration, Housing, Materials

K. Scott reported that everything was set with the arrangements with Callaway and was posted in the newsletter on the website. The registration packet will be mailed in early July to all the members. J. Martens indicated that we would be looking at the overall costs and sending a recommendation to the board for the registration fee and banquet fee. Martens mentioned that the Academy members are getting quite a bit for their money with all of the meals that are included, but that an increase was probably going to be necessary this year.

10. Status Report on Selection of Conference Site for 2004

J. Martens explained that the sites are rotating from East, Midwest, to West. The goal is to have three permanent sites to rotate to so that the business office won't be looking for new sites each year. Based on feedback from members, we see Westward Look as a permanent site. Members liked Callaway Gardens the first time we were there, so hopefully our second conference there will confirm it as a permanent site as well. For 2004, we're scheduled to rotate to the Midwest. The previous Midwest site was Indian Lakes Resort near Chicago, which was not a positive experience (this resort has recently undergone a \$3 million renovation and is now under new management). The business office is looking at possible sites in St. Louis, Chicago, or Minneapolis-St. Paul. Board members indicated their preference for a site that was not too isolated and not a long distance from a major airport-everyone liked the fact that Westward Look was secluded, but very close to shopping, entertainment, and attractions. President Magill asked Martens and Scott to take a look at the conference management section of the business office operating code and add the details of site selection and rotation. Martens suggested an evaluation form be completed by conference attendees at the conclusion of each annual meeting to get feedback on the facilities and whether or not they would like to see that facility be included as a permanent rotating site.

11. Comments on Newsletter Appearance, Content, etc.

President Magill asked the board members if there was any feedback to report on the most recent newsletter. K. Scott reported that she had received a few suggestions: (1) list the sponsors names of the new fellows, (2) list the presenter of the Hetherington Award, (3) ask the Newsletter Editor to bring a digital camera to the annual meeting and make sure to take pictures of the new fellows being inducted and any other candid pictures for posting on the website. Otherwise, everyone commented that it was a good issue packed with information.

12. Academy Historian Situation

President Magill reported that Scott Kretchmar has reluctantly agreed to continue as Historian. He would like to eventually turn the responsibilities over to someone else. President Magill noted Kretchmar's suggestion to have a graduate assistant perform the duties of the historian and pay that person a token amount. It was noted that Kretchmar should be sent a reminder to submit a newsletter report. It was decided that this issue would be revisited at the next meeting.

13. Update on K. DePauw's Situation at Virginia Tech

President Magill reported that an email had been sent out to all Active members asking them to vote on whether or not they approved of a letter of support being sent by AAKPE on Karen DePauw behalf. Of the members who responded all were in favor with one abstention. President Magill asked G. Krahenbuhl to draft a letter of support. Krahenbuhl drafted the letter and also had it reviewed by the EEO staff at Arizona State University. President Magill commented that the draft was so well-written, he sent it out to the Rector of Virginia Tech's Board of Visitors, the University President, and to the justice4tech group, who then sent copies to the members of the Board of Visitors. A thank you had been received from K. DePauw.

14. New Business

Fund Raising - D. Brooks asked for the board to consider capital giving as a future agenda item.

The Meeting was adjourned at 10:55 a.m. CST

Respectfully submitted.

Kimberley K. Scott

Business Manager

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Committee Reports

Committee on Memorials

Please notify Janet Harris (jharris2@calstatela.edu; ph 323/343-4653), Chair of the Committee on Memorials, if you learn that an AAKPE Fellow has passed away. I will make arrangements for a member of the Committee or another AAKPE Fellow to write a statement of remembrance which he/she will read at the annual meeting next Fall at Callaway Gardens, Georgia. Thank you in advance for helping to keep us all informed.

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Article on Election of New Officers

James Morrow, President-elect

I am pleased to announce that Dr. T. Gilmour Reeve of Texas Tech University will assume the position of President-Elect at the 2003 annual meeting at Callaway Gardens, Georgia. Dr. Barbara Ainsworth, currently of the University of South Carolina, soon to be at San Diego State University, has been elected as a Member-at-Large to the AAKPE Executive Committee. She too will assume her responsibilities at the 2003 annual meeting. For the full text of the election process and results, please see the President-elect's message earlier in the newsletter.

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Autumn 2003 Conference Information

**Callaway Gardens, Pine Mountain, Georgia,
September 11-14, 2003**

THEME OF THE MEETING:

"Obesity and Physical Activity"

Obesity has reached epidemic proportions in the United States and is starting to swell worldwide. From children to older adults, much attention has been given to this public health problem by researchers, politicians and the news media. A lot of advice and programs are offered to the public with little consensus on what helps in reducing obesity and increasing health. There is also controversy about whether it is obesity or physical inactivity that increases the risks for a number of major diseases. Presenters at this year's conference will speak about obesity and physical activity and the relationship to health across the lifespan. Perspectives from various disciplines will be discussed, including cardiovascular health, mental health and self-esteem, joint health, cultural influences and body image, prevention issues, and maintenance concerns.

List of Topics and Speakers

Keynote Addresses:

The Role of Physical Activity in Weight Control - William Dietz, Centers for Disease Control

Prevention of Obesity: The role of physical activity - Russell Pate, University of South Carolina

Vendien Lecture:

Tackling obesity in children and adolescents through physical activity - Kenneth Fox, Bristol University

Cultural Negotiations: Female Body Ideals and the Health and Fitness Practices of Young African-American Women - Margaret Duncan, University of Wisconsin, Milwaukee

Maintenance of Weight Loss: Short-term versus Long-term - Timothy Lohman, University of Arizona

The Challenge for Research in the Next Decade Weight loss for the obese: Panacea or pound-foolish? - Glenn Gaesser, University of Virginia

Adipocytes, Chondrocytes and Osteocytes: Can't we all just get along? - Mark Grabiner, University of Illinois-Chicago

Obesity, Self-Esteem, and Mental Health - Bonnie Berger, Bowling Green University

Exercise interventions for prevention of obesity and related disorders in youths - Bernard (Bob) Gutin, Georgia Prevention Institute, Department of Pediatrics, Medical College of Georgia

Behavioral Approaches to Obesity Treatment - Heather Chambliss, Cooper Institute

Riding to the Rescue while Holding On by a Thread: Physical Activity in the Schools - Kathy Thomas, Iowa State University

Innovations in Obesity Prevention with Children - Thomas Baranowski, Baylor College of Medicine

Conference Reactor - Jack Wilmore, Texas A & M

Autumn 2003 Conference Information

Callaway Gardens, Pine Mountain, Georgia,

September 11-13, 2003

Mark Your Calendars Now for the 2003 Annual Meeting

The AAKPE Board has chosen to return to beautiful Callaway Gardens in Pine Mountain, Georgia for the location of the 2003 Annual Conference! For those of you who did not attend the conference in 1999, you'll love the beautiful countryside location of Callaway Gardens and all of the opportunities this natural setting has to offer. Beginning the evening of Thursday, September 11th, the Annual Conference will convene in the Executive Conference Center at Callaway Gardens.

- [Letter to Fellows](#)
- [Registration Form \(PDF Form\)](#)
- [Conference Program](#)
- [Transportation Information](#)
- [Activity Information](#)
- [Recreation Prices](#)
- [Executive Committee Breakfast with New Fellows/Emeritus Members](#)
- [Callaway Gardens website](#)

Make your plans now to attend the 2003 Annual AAKPE Conference to enjoy another

excellent program, good friends and a beautiful setting! For more information and pictures of Callaway Gardens, please check out their home page at www.callawaygardens.com.

Questions? Email: kims@hkusa.com..

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Letters from Fellow Emeriti

Please submit news and information to Mike Sherman at sherman.4@osu.edu that can be included in the next newsletter.

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Members of the AAKPE Standing Committees

Documents of Governance Committee

Gary Krahenbuhl - Chair
Steve Silverman (2004)
Roberta Rikli (2005)

Historian

Scott Kretchmar

Membership Committee

Cathy Ennis (2003) - Chair
John Ivy (2003)
Karen French (2003)
Mark Fischman (2004)
Bruce Gladden (2004)
Jean Williams (2004)
David Gallahue (2005)
Penny McCullagh (2005)
Margaret Duncan (2005)

Newsletter Editor

Mike Sherman (continues for at least 3 issues)

Nominations Committee

Pres-elect James Morrow (2003) - Chair
Bonnie Berger (2003)
Hal Morris (2003)
David Perrin (2004)
Jim Pivarnik (2004)

Memorials Committee

Waneen Spirduso (2003) - Chair
Don Franks (2004)
John Shea (2005)

Awards Committee

Gil Reeve (2003) - Chair
Rachel Yeater (2003)
Gary Kamen (2004)
Claudine Sherrill (2004)
Jessie Jones (2005)
Charles Corbin (2005)

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and Physical Education**

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Presidential Committees

Doctoral Program Review Committee

Jerry Thomas - Chair
Scott Kretchmar
Kirk Cureton
Gil Reeve

Lynn Vendien International Lecture Committee

Robert Singer - Chair
Glyn Roberts
Mary O'Sullivan

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American Academy of Kinesiology and Physical Education

NEWSLETTER

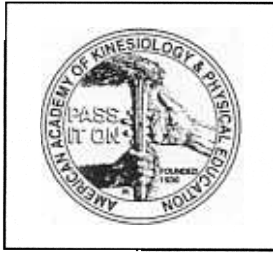
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**AMERICAN ACADEMY OF KINESIOLOGY
AND PHYSICAL EDUCATION ANNUAL MEETING**
Callaway Gardens Resort
Pine Mountain, Georgia
September 11-13, 2003

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____ e-mail _____

First Name or Nickname for Nametag _____

The registration fee is \$150 per person (member or nonmember). If you would like to bring a guest to the banquet only, the fee is \$50/person.

Conference Registration (\$150/person)

_____ AAKPE member

_____ Nonmember

_____ New Fellow (registration fee waived)

Banquet (guests only):

_____ guests (\$50/person)

guest's name: _____

⇒ Please specify banquet meal preferences for you and your guest below:

Member Guest

_____ _____ Chicken Shrimp Rockefeller (chicken breast with shrimp and spinach stuffing, flavored with pernod and Tabasco, with chicken veloute)

Vegetarian (Chef's Choice)

(over)

Golf Tournament:

_____ Yes, sign me up for the annual golf tournament. I'm enclosing the \$64.20 (includes greens fees, cart, and tax) fee. My typical 18-hole score (without handicap) is _____. Clubs may be rented for \$48.00 (Callaway Clubs).

Tennis:

_____ Yes, I would like to play tennis on Friday afternoon. My preference is singles doubles mixed doubles. The cost will be \$7/per person for singles and \$5/per person for doubles. Racquet rental is \$7.00 per day. Do not include any payment for tennis, you can charge the rental to your room if you decide to play.

Rental Car:

_____ Yes, I would like to receive an email list of others who are interested in sharing a rental car. (See transportation information sheet for details on special AAKPE rental car rate with Enterprise Rent-a-Car.)

Payment procedures:

Make all checks payable to **AAKPE** (not to Human Kinetics).

Credit card type (circle one): Visa Mastercard American Express

Credit card #: _____ Expiration

Signature: _____

Summary of payment:

Registration Fee (\$150)
Banquet Fees (\$50)
Golf (\$64.20)

Total enclosed: \$ _____

Mail to Kim Scott
AAKPE Business Office
P.O. Box 5076
Champaign, IL 61825-5076

Contact Kim w/ Questions at:
(217) 351-5076 ext. 2234
(800) 747-4457 ext. 2234
Fax: (217) 351-2674
email: kims@hkusa.com

**REGISTRATION FORM & PAYMENT MUST BE RECEIVED BY
FRIDAY, AUGUST 22nd.**