

American Academy of Kinesiology and Physical Education

NEWSLETTER

Fall 2000

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From the President . . . Gary S. Krahenbuhl

One of the principles I attempt to live by is to "maximize good." By this I mean that when decisions have to be made or differences of opinion adjudicated, I try to determine what is best for the parties involved and what is best for the broader organization. Then I try to take the action that does the most good and causes the least harm.

Determining what is good or right, acting with virtue, and trying to encourage such behavior has been a constant purpose of education, as societies throughout the ages have tried to prevent or offset the misery caused by acts reflecting the darker side of human nature.

Socrates sought to know what was common to all virtuous acts so that he could determine how one should govern one's conduct in life. In the *First Federalist Paper*, James Madison noted that factions are the product and the price of liberty and argued that people should, through reflection and choice, create institutions that ensure good decisions and protect individual rights. It is said that our 33rd President, Harry S. Truman, kept a sign on his desk that displayed a quotation by Mark Twain: "Always do right. This will gratify some people and astonish the rest." In more recent times William J. Bennett's *The Book of Virtues*, a compendium of stories and verse that illustrates the essential traits of good character, became a nationwide bestseller. Ordinary people doing the right thing is important to our world community and necessary for healthy democracies. It is also essential for healthy organizations.

The Executive Committee Breakfast with New Fellows and Emeritus Fellows provided the perfect opportunity to comment on the importance of doing good in support of professional organizations. Whatever stature and success the Academy has enjoyed has been the result of the vision, dedication, and time volunteered by those who preceded us. The future of the Academy will depend upon the stewardship of the current and future members. Being admitted to Fellowship is an honor, to be sure. More importantly, it is coupled with a commitment to serve.

It was nice to be able to thank our emeritus fellows for their stewardship of the Academy, and to be able to do it in the presence of the builders of the future, our newly admitted fellows. It is always special to have occasions that bring the generations together. This breakfast event at the Annual Meeting provides a wonderful vehicle for such interaction. AAKPE will be only as strong as the commitment of the people who make up its membership. This year the efforts of Al Stull and Bill Morgan, along with the continuing generous support of Rainer and Julie Martens, stand out as wonderful examples of stewardship. These individuals, and everyone else who stepped forward to help during our eventful year, have my deep thanks for the generosity of spirit shown by their support in a time of need.

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**American Academy of Kinesiology
and Physical Education****NEWSLETTER
Volume 21, No. 2,
Fall 2000**[Table of Contents](#)**President
Elect's
Column
... Deborah
L. Feltz**

First, thank you for giving me the opportunity to serve the Academy. With the responsibility for planning the annual meeting being transitioned to the position of past president, my role this year is much less stressful than those of previous president-elects. I will chair the program as past president in 2003. Before realizing that the 2003 meeting would be my responsibility, I noted to the Executive Committee that this would be our 75th anniversary meeting and suggested that we should do something special. Well, now the responsibility for this special meeting will rest on my shoulders. I want to start gathering ideas early, so if anyone has suggestions for celebrating our 75 years, I will be happy to entertain them.

One important role that I have this year is chairing the Nominations Committee. As President Krahenbuhl indicated, the stewardship of our members is important to the vitality of the Academy. We must elect two new officers in 2001—a president-elect and a member-at-large. The Call for Nominations is presented separately in this issue of the newsletter. I hope that you will all give serious consideration to potential nominees for these important positions.

Lastly, even though the doctoral program evaluation project is not part of my responsibility as president-elect, I have been asked by President Krahenbuhl to shepherd the implementation of this project over this next year. It has been five years since Bob Singer initially appointed a committee to explore graduate program evaluations. I give a special thanks to the dedicated work of Gil Reeve and the past committee members in getting us to the point where we can now initiate a national level evaluation in January 2001.

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**Summary
of the
2000
Annual
Meeting
...William P.
Morgan**

The Annual Meeting of the American Academy of Kinesiology and Physical Education was held in Lake Geneva, Wisconsin, a scenic resort within an easy hour's drive of Chicago, Milwaukee, and Madison. The fall foliage, pumpkins, corn stalks, and decorated streets and store fronts in Lake Geneva brought back fond memories of earlier and simpler times. The temperature and wind chill were a little cooler than some of our colleagues from warmer climates are accustomed to, but this did not deter the active among our group from walking and jogging on the bucolic trails. Another subset was observed pursuing small, white, dimpled balls across the expansive green space.

The theme for this year's meeting was adherence to exercise programs and physical activity, and Rod Dishman presented a superb keynote address outlining the topic. There is now compelling research evidence attesting to the physical and mental benefits associated with regular exercise and physical activity, but approximately half of those sedentary individuals who adopt exercise programs return to their sedentary lifestyles within a short period of time. Furthermore, in those cases where exercise interventions have been shown to possess higher adherence rates of 80% or 90%, for example, there is almost a complete absence of long term follow-up data at 10, 20, or 30 years following these interventions. The problem of adherence to exercise programs has not improved significantly over the past three decades despite the appearance of a large body of research literature supporting the efficacy of a physically active lifestyle. The focus of this year's conference

represents one of the most significant problems confronting scientists and practitioners in fields such as physical education, kinesiology, public health, and sports medicine today.

The goal of this year's program was to approach the problem of exercise adherence and recidivism from a multidimensional perspective. Whereas much of the published literature on this topic has been concerned with men in the middle years of life, the present conference included research dealing with boys and girls in the middle school age group, men and women in the college years, and men and women in the later years, as well as the more traditional reports dealing with men in the middle years. Furthermore, the participants in this year's conference represented fields such as growth and development, epidemiology, exercise psychology, exercise physiology, physical education pedagogy, philosophy, and measurement. Rather than employ a capstone speaker with the responsibility of summarizing all of these presentations, we relied on an "open mike" format this year, and all speakers and members of the audience were encouraged to make comments and raise questions about the material presented during the formal talks. This capstone session was taped, and the recording will be transcribed, edited, and printed in the special issue of *Quest* containing the other papers.

It is fair to say that this year's program served to raise as many or more questions than it answered. Some of the more fundamental questions involved the definition of terms such as adherence, recidivism (drop-out), purpose, and meaning, as well as the important but complex problem of quantifying physical activity patterns. The association between athleticism in the early years and exercise or physical activity patterns in the middle and later years was also considered, but there has been a remarkable absence of systematic inquiry in this area. In one sense, the concluding capstone session served to create a research agenda for the future.

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**David H.
Clarke:
The 2000
Hetherington
Award
Recipient**

David H. Clarke, Fellow Number 220, received the 2000 Hetherington Award at the Fall 2000 AAKPE conference. Dr. Clarke's activities in the profession spanning nearly 50 years have been truly outstanding in scholarship, mentoring, teaching, service, and leadership to the profession.

Before citing his numerous contributions to the fields of kinesiology and physical education, a short historical biographical sketch is in order. Dr. Clarke received his Bachelor of Science degree in physical education from Springfield College. He served as a graduate assistant while pursuing the Master of Science degree at that institution. Subsequent to completing his master's degree, he spent the next three years as an officer in the United States Army Medical Service Corps where his primary duties were in heading the Physical Reconditioning Section and coaching swimming at Brooke Army Medical Center. Upon being discharged from military service, he enrolled at the University of Oregon to pursue doctoral study and served as a graduate assistant. Subsequent to receiving his Ph.D., Dr. Clarke joined the faculty at the University of California-Berkeley as an assistant professor of physical education and in 1964 assumed the position of associate professor and director of the research laboratory at the University of Maryland. He was promoted to the rank of full professor in 1969 and continued to direct the research laboratory until he joined the faculty at Indiana University in 1980 as professor and chairman of the Department of Physical Education. He returned to the University of Maryland in 1984 as professor and chairman of the Department of Kinesiology and

retired from Maryland in 1998. In his role as chairman, Dr. Clarke provided direction for one of the largest and most highly respected physical education and kinesiology programs in the country.

Dr. Clarke's primary teaching responsibilities were in the areas of exercise physiology and research methodology. He was an excellent teacher-highly knowledgeable and deeply committed to mentoring his students. As a graduate adviser, he supervised the completed theses of more than one hundred master's students and approximately thirty Ph.D. students. He was a member of the thesis and dissertation committees of more than double that number. His own doctoral students have gone on to distinguish themselves in higher education-an excellent indication of Dr. Clarke's positive influence and his success as an advisor. Three have been elected as Active Fellows in the American Academy of Kinesiology and Physical Education (Drs. Robert Christina, Melvin Williams, and John Ivy). Dr. Williams held a named professorship at Old Dominion University prior to his retirement, Dr. Ivy is a highly respected professor and department head at the University of Texas at Austin, and Dr. Christina is a former president of the Academy and currently serves as dean of the School of Health and Human Performance at the University of North Carolina-Greensboro. The positive influence that Dr. Clarke has had on his students as a teacher and mentor is unequivocal.

Dr. Clarke is recognized nationally and internationally for his scholarly and scientific contributions to the body of knowledge in our field. He has authored or co-authored six textbooks and has co-edited another book. He has published more than fifty articles in the very best journals in our field including the *Research Quarterly for Exercise and Sport*, the *European Journal of Applied Physiology, Medicine and Science in Sports and Exercise*, and *Archives of Physical Medicine and Rehabilitation*. He is highly respected for his scholarship in muscular strength and endurance and was selected by the American College of Sports Medicine to write a chapter on that topic in the American College of Sports Medicine's highly prestigious *Exercise and Sport Sciences Reviews*. In addition, he was chosen by the AAHPERD's Research Consortium to author a chapter in Volume II of the *Encyclopedia of Physical Education, Fitness and Sports* and has contributed an additional five chapters to various edited textbooks. Beyond his impressive list of scholarly publications, he has presented more than sixty papers at scientific and professional meetings in the United States, Canada, Europe, and Asia.

Dr. Clarke has given unselfishly of his time, energies, and talents to the professional and scholarly organizations in our field. Included among his many positions of leadership have been serving as President of the American Academy of Kinesiology and Physical Education, Chairman of the General Division of the American Alliance for Health, Physical Education, and Recreation (AAHPER) (the General Division was a predecessor of the current American Association for

Active Lifestyles and Fitness of AAHPERD), Vice President of AAHPER, President of the Research Consortium of AAHPERD, and President of the National Association for Physical Education in Higher Education. In the Academy he has also served as Member-at Large on the Executive Committee and chaired the Membership Committee, Committee on Documents of Governance, and the Nominations and Elections Committee. He served three terms on the AAHPERD Board of Governors and has chaired some twenty committees at the national level. In addition, he was the section editor for exercise physiology for *The Research Quarterly for Exercise and Sport* and an associate editor of *The Research Quarterly for Exercise and Sport*, *Kinesiology Review*, and the *Journal of Motor Behavior*. This is a record of professional leadership and service that is virtually unmatched in our field.

At the 1996 annual convention of AAHPERD in Atlanta, Dr. Clarke received the very prestigious Luther Halsey Gulick Medal. He was the recipient of the AAHPER Honor Award in 1977; the Past President's Award from the American Academy of Physical Education in 1986; the Distinguished Administrator Award from the National Association for Physical Education in Higher Education in 1992; the Distinguished Service Award from the AAHPERD Research Consortium in 1994; and the Biennial Scholar Award for Research from the International Council for Health, Physical Education, Recreation, Sport, and Dance in 1995. In 1998, he received the Distinguished Alumni Award from Springfield College. In addition to being an Active Fellow in the Academy, he is also a Fellow in the American College of Sports Medicine and in the Research Consortium of AAHPERD. He is listed in *American Men and Women of Science*, *Leaders in American Science*, *Who's Who in Education*, and *Who's Who in the East*. In short, Dr. Clarke is widely recognized for his professional and scientific accomplishments and, as such, has brought considerable recognition and much credit to our field.

There is no other member of our discipline/profession who has attained the level of excellence of Dr. Clarke in service, teaching, research, and administration. He is without question an outstanding leader of our profession, but perhaps even more importantly he is an exemplary human being.

The members of the Academy of Kinesiology and Physical Education take pride in recognizing the significant achievements and contributions of Dr. David H. Clarke by honoring him with the Clark W. Hetherington Award, the highest symbol of distinction presented by the Academy.

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Nine New Fellows Inducted

At the annual banquet in Lake Geneva on Saturday evening, October 7, 2000, nine new members-seven Active Fellows and two International Fellows-were inducted into the Academy. The membership is honored to welcome the following individuals to its organization and looks forward to their active participation in the activities of the Academy in the years ahead.

Active Fellows



**Mark G.
Fischman,
Fellow
418**

Dr. Mark G. Fischman, who was recently nominated for the Outstanding Research Faculty Award at Auburn University, is a nationally recognized scholar in the field of motor control and learning. His research is always of the highest quality, very systematic, thorough, and theoretically relevant. Although he employs a psychological approach, he also considers relevant interdisciplinary factors because his background enables him to incorporate developmental, neurophysiological, and biomechanical methods when appropriate. His research has focused on problems involving the motor control of limb movements, neuromotor programming of rapid movements, hand-eye coordination, and variables affecting motor skill acquisition and retention, especially the role of feedback. His scientific publications appear in the most respected scientific

journals in the field of motor control and learning. He currently serves as section editor of motor control and learning for the *Research Quarterly for Exercise and Sport* and as a reviewer for the *Journal of Motor Behavior*, *Psychological Bulletin*, *Acta Psychologica*, *Psychological Reports*, and *Human Performance*.

Dr. Fischman also has contributed to the applied research literature and through numerous presentations has made much needed application of motor control and learning knowledge to help practitioners. Indeed, he is one of those talented scholars who also has the special ability to make relevant application of motor control and learning knowledge to enhance the effectiveness of teaching, coaching, and sport performance. Dr. Fischman, who is a Fellow in the Research Consortium of AAHPERD, is also an excellent teacher and mentor of graduate students. He was nominated for the Outstanding Teacher Award by his former department at Southern Illinois University and recently was selected as one of the top three Outstanding Graduate Professors by the Graduate Student Organization at Auburn University.

Dr. Fischman has demonstrated that he is a first-rate scholar, researcher, teacher, and mentor of graduate students. He has made significant contributions to the scholarly literature in motor control and learning and has provided important service to relevant professional organizations. His record reveals that he is not only recognized nationally for his scholarly contributions, but also as a dedicated professional who deserves to be inducted as an Active Fellow so that he may serve the Academy.

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**Edward
C.
Frederick,
Fellow
419**

Dr. Edward C. Frederick is currently in private business and is also an adjunct professor at the University of Massachusetts and the University of New Hampshire. He formerly held faculty positions at the Universities of Montana and Tennessee and The Pennsylvania State University. In addition, Dr. Frederick has been the Senior

Vice-President of Research and Design at Converse, Inc., and the Director of the Nike Sports Research Laboratory.

Dr. Frederick is an internationally known scholar in the area of biomechanics. His particular area of study has been lower extremity mechanics. He is an active researcher having published more than 76 refereed papers, 70 articles in lay publications, and 6 books. His leadership in the field of biomechanics is evidenced by having served on the editorial boards of two major research journals and reviewing for several others including *Nature* and *JAMA*. He has given over 45 keynote lectures at various conferences and has been an invited speaker all over the world.

Dr. Frederick has been very influential in sports science particularly with the International Olympic movement. Dr. Frederick is a board member for the Cycling Research Association and the U.S. Biathlon Association and on the jury for the IOC Olympic Prize. He is also a consultant to the USOC Ski Project.

Dr. Frederick is a member of both the International Society of Biomechanics and the American Society of Biomechanics. He has served both societies as a participant at many meetings, as a session chair, and as a symposium director. Dr. Frederick was a founding member of the Footwear Working Group of the International Society of Biomechanics.

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Karen E. French, Fellow 420

Karen E. French, Professor and Chair of the Department of Physical Education at the University of South Carolina, is one of the few scholars who crosses the area of pedagogy with her content area in motor development. This is evident from her research agenda that focuses on the development of sport expertise intertwined with pedagogical work on instruction, practice, and learning in the physical education setting. From her 30 data-based research publications, 18 contribute directly to the motor development knowledge base while an additional 12 use this information to contribute to the knowledge for teaching and learning of children. Because of her work in the development of motor expertise, she has contributed 4 invited chapters to books

on motor expertise. In fact, Ericsson--a well-known scholar in cognitive expertise--in an article in the 1998 *NASPSPA Newsletter* identified her as one of two pioneering researchers who developed the use of verbal protocols in sport expertise research. In addition to her publication record, she regularly presents her research at the American Educational Research Association, North American Society for Psychology of Sport and Physical Activity, AAHPERD, and in several other countries.

Karen is on the Editorial Board for the *Journal of Teaching in Physical Education* and regularly reviews for the *Journal of Sport and Exercise Psychology* and the *Research Quarterly for Exercise and Sport*. She served as Guest Editor in 1993 for a special issue of *Quest* that focused on learning, instruction, and performance.

Karen serves her university on numerous committees and is active in AAHPERD, AERA, and NASPSPA. She is a former chair of the Motor Development Academy of AAHPERD. Karen will be an active Fellow in the Academy.

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**J.
Thomas
Jable,
Fellow
421**

Dr. J. Thomas Jable received his B.S. in physical education from the University of Dayton, and the M.Ed. in physical education, the M.A. in history, and the Ph.D. in physical education from The Pennsylvania State University. Early in his career, he was a faculty member, baseball and basketball coach, and coordinator of physical education at Penn State's McKeesport campus. From 1975 to 1981, Dr. Jable was an associate professor and chair of the Department of Movement Science at William Patterson College. He was promoted to the rank of full professor in 1981 and in 1987 was a visiting fellow in sport history at Princeton University. Since 1996, he has once again served as department chair.

Dr. Jable is recognized internationally for his scholarship in the history of sport. The primary focus of his research has been a socio-economic analysis of sports participants and sporting club members in the emergence and growth of sport in Nineteenth Century Philadelphia. His early work provided a critical analysis of (1) the effects of

Pennsylvania's Blue Laws on suppressing sporting activities and (2) the influence of the Puritans and Quakers on the development of sport in Philadelphia. More recently, he has examined African-American participation in sport during the latter Nineteenth Century and has also evaluated the influence of Philadelphia's athletic and sporting clubs in promoting sporting activities.

Dr. Jable has authored seventeen refereed manuscripts, written fourteen book reviews, authored seven invited manuscripts, and presented more than twenty-five papers at professional meetings. He recently co-edited a special feature of the *Research Quarterly for Exercise and Sport* devoted to the modern Olympic Games. Dr. Jable is a former president of the North American Society for Sport History, has chaired NASPE's History of Sport and Physical Education Academy, and has chaired an additional five national committees.

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**Gary
Kamen,
Fellow
422**

Gary Kamen is Professor of Exercise Science at the University of Massachusetts-Amherst. After earning his B.S., M.S., and Ph.D. degrees from the University of Massachusetts, he completed a post-doctoral fellowship in the Department of Physiology, School of Medicine, St. Louis University. He was elected as a Lilly Teaching Fellow while at Indiana University where he was promoted to the rank of associate professor with tenure. After serving as Research Associate Professor in the Neuromuscular Research Center of Boston University, he returned in 1995 to the University of Massachusetts in the Department of Exercise Science and Neuroscience and Behavior Program.

Gary is well respected for his work on motor unit recruitment characteristics of human muscle function, especially with regard to age-related changes. Most noteworthy are his 50 refereed publications in such journals as *Brain Research*, *Experimental Brain*

Research, Journal of Gerontology, Journal of Applied Physiology, Medicine & Science in Sports and Exercise, and the Research Quarterly for Exercise and Sport. He is a careful researcher and critical thinker whose research has demonstrated insight and use of state-of-the-art technology. He has been a principal investigator or co-investigator of 19 different grants from such agencies as the National Institutes on Aging and the National Institutes of Health. He has served on grant review panels for NIH, NSBRI, and NASA.

He served with distinction as President of the Research Consortium of AAHPERD; his term in that office was marked by a number of initiatives including the initiation of the Research Consortium Grant Program.

As a teacher, Gary has revamped the course in Introduction to Exercise Science and made it a model for excellence in innovative teaching methods. He continues to mentor both graduate students and undergraduate students in research.

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**V.
Gregory
Payne,
Fellow
423**

Dr. V. Gregory Payne is a professor in the Department of Human Performance at San Jose State University specializing in motor development with interests ranging from aging and physical activity to youth sports and children's fitness. Greg's B.S. degree is from Western Illinois University where he was recently presented that institution's distinguished alumni award. He earned an M.A. from the University of Iowa and a Doctorate in Physical Education from Indiana University. Early in his career, Greg lived and worked in Venezuela as a Peace Corps Volunteer. Since that time, he has produced approximately 100 publications including numerous refereed articles and several editions of three books. His text, *Human Motor Development: A Lifespan Approach*, is used in hundreds of universities throughout the world.

Dr. Payne was a member of the task force that developed the national standards for physical education published by NASPE. He is also a former President of the National Association for Sport and Physical Education; has served as President of the California Association for Health, Physical Education, Recreation, and Dance; and Chair of the Motor Development Academy of the American Alliance for Health, Physical

Education, Recreation, and Dance. He is a Fellow in the Research Consortium of AAHPERD, has chaired two editorial boards, and is a reviewer for several journals.

Recently as a Board member of the Greater San Jose Inner City Games, Greg received a commendation from the Mayor and the San Jose City Council for his work in offering inner city and other at-risk youths positive alternatives to gangs, drugs, and violence.

Dr. Greg Payne is indeed a noted scholar, professional, and community leader worthy of membership in the Academy. He will bring energy and vision to the organization and will work for achievement of its ideals.

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Phillip B. Sparling, Fellow 424

Dr. Phillip B. Sparling is Director of the Exercise Research Laboratory and a professor in the Department of Health and Performance Sciences at the Georgia Institute of Technology. His scholarly contributions have been related to applied exercise physiology and human performance and the relation of physical activity to health. His research has involved studies of the biological basis of the gender difference in distance running performance, the effects of training on heart disease risk factors, environmental influences on endurance performance, and body composition assessment techniques.

In 1993, Dr. Sparling was a Fulbright Scholar in the Department of Physiology at the University of Cape Town Medical School in South Africa where he worked with Dr. Tim Noakes on the association of physical activity with coronary heart disease risk factors in Black and White South Africans. In 1998, Dr. Sparling served as a Visiting

Research Professor in the School of Health Sciences at Deakin University in Melbourne, Australia, where he worked with Dr. Neville Owen, an internationally-recognized authority in health psychology and behavioral epidemiology.

Dr. Sparling has been a leader in the field of kinesiology and physical education. He developed courses in exercise science and fitness concepts, initiated the adult fitness program (PEACH) at Georgia Tech, and has been active in leadership roles in professional organizations. He served as President of the Southeast Chapter and representative to the national Regional Chapters Committee of the American College of Sports Medicine (ACSM), chair of the Exercise Physiology Academy of the National Association of Sport and Physical Education of AAHPERD, and state chair of the National Coalition for the Promotion of Physical Activity. He has been a member of the editorial boards of the *ACSM Health and Fitness Journal* and *The Physician and Sportsmedicine*.

He received the Distinguished Alumni Award from the Department of Physical Education at the University of Georgia and the Service Award from the Southeast Chapter of ACSM. Dr. Sparling's scholarly and professional contributions and leadership activities have clearly contributed to the goals of the American Academy of Kinesiology and Physical Education, and he is a worthy addition to its membership.

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International Fellows



**Bruce
Elliott**

Dr. Bruce Elliott has been a faculty member in the Department of Human Movement and Exercise Science at the University of Western Australia since 1974. Presently, he is a full professor and chair of that department. Dr. Elliott is an internationally known scholar in the area of sports biomechanics. He is an active researcher and contributor to the biomechanics literature having published over 126 refereed papers, 51 conference proceedings, 27 professional papers, 9 books, and 21 book chapters. His leadership in the field of biomechanics is evidenced by his serving on the editorial boards of four major research publications.

Dr. Elliott has received numerous professional awards for his work-enhancing sport technique in Australia and around the world. He is also a Fellow of the Australian Council for Health, the Australian Sports Medicine Federation, and the Australian Institute of Biology.

Dr. Elliott has been very influential in sport development in his native Australia. He has served as a member of the Australian Sports Science Council, Squash Sports Science Advisory Board, Tennis Technical Committee; as Vice-President of Sport Science for the Australian Association of Exercise and Sport Science; and Coordinator of the Biomechanics and Sports Physiology Sub-Commission of the IOC Medical Commission.

Dr. Elliott served as the Chair of the Physical Science Section of the IOC World Congress in Sport Science in Atlanta in 1995 and holds a similar position for the IOC World Congress in Sydney in 2000.

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Efthimis Kioumourtzoglou

Dr. Efthimis Kioumourtzoglou is recognized nationally in Greece and internationally for making significant scholarly and professional contributions to the motor learning and sport psychology literature, and in the application of that literature to the teaching of physical education and sport skills, coaching, and sport performance. Perhaps his most significant contribution to our field has been the advancement of kinesiology and physical education in Greece. Through his leadership, he has attracted over a million dollars in grants and contracts largely from the European Community through the Greek Ministry of Education to support his effort to develop new undergraduate and graduate programs of kinesiology and physical education in Greece. Among his many

accomplishments (a) he organized the first department of physical education and sport sciences at Democritus University of Thrace and served as its first department head, and (b) he was the founder of the first two graduate programs in physical education and sport sciences in Greece. Moreover, in an effort to enhance the connection of kinesiology and physical education in Greece with the international community, in 1992 he established the Annual International Congress of Physical Education and Sport Sciences in Komotini, Greece, which has had an attendance of over 1,000 scholars each year.

Clearly, Dr. Kioumourtzoglou has made significant contributions to the scholarly as well as professional literature and has demonstrated outstanding professional leadership in advancing kinesiology and physical education in Greece. As if this were not enough, earlier in his career he distinguished himself as the head coach of the Greek National Basketball Team over an eight-year period. His teams still hold the best win-loss record in the history of Greek National Basketball. His 1987 team won the Gold Medal in the European Championship; his 1989 and 1994 teams won the Silver Medal; and his 1988 team won the Bronze Medal. He went on to coach in the Greek professional league from 1995-97 where he had continued success. One major impact of his outstanding success as the leader and head coach of the Greek National Basketball Team was an enhanced self-esteem across the country and a tremendous growth in national pride as the Greek people strongly identified with the success of his teams in the European community. Needless to say, he was instrumental in making basketball the number one sport in Greece today.

Dr. Kioumourtzoglou is a highly respected scholar and distinguished professional leader who has made significant scholarly and professional contributions to our field and to its advancement, especially in Greece. He continues to provide distinguished leadership in many other important ways as well. For example, he currently serves as Director of Sports for the Organizing Committee for the 2004 Olympic Games, which will be held in Athens, Greece. His distinguished track record of scholarly, professional, and leadership contributions to our field strongly support his induction as an International Fellow so that he may serve the Academy.

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**Executive
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Morrow, Jr.**

Thursday, October 5, 2000
The Interlaken Resort - Lake Geneva, WI

Present: J. Dunn, D. Feltz, P. Freedson, S. Kretchmar, G. Krahenbuhl, J. Martens, J. Morrow, K. Scott, S. Silverman

Absent: T. White

1. President G. Krahenbuhl called the meeting to order at 2:10 p.m.

2. Minutes from AAKPE Conference call of May 5, 2000.

S. Kretchmar moved and P. Freedson seconded approval of the minutes from the Executive Committee Conference call of May 5, 2000 (published in the Spring 2000 issue of AAKPE Newsletter). Approved unanimously.

3. Membership fees and dues

Consideration was given to raising the international membership fee because of the increase in international mailing costs. There is also an increase in the Quest subscription rate that is a part of Fellowship dues. D. Feltz moved (S. Kretchmar second) that the dues structure not be changed at this time. Passed unanimously. S. Kretchmar moved and P. Freedson seconded that the AAKPE continue to absorb the cost for increased international mailings and subscription increases due to the current financial position of the Academy. D. Feltz moved and S. Kretchmar seconded that the Committee on Documents of Governance be asked to review the By-Laws Article XI – Fees (Section 2) to permit the Executive Committee to increase dues if necessary to be able to cover increases in dues associated with increased journal fees without having to go to the Fellows for a vote each time

there is an increase in journal subscription and mailings. Passed unanimously.

4. Storage of ballots and votes.

Storage of Ballots for Elections of Officers was discussed. J. Morrow to review the various Operating Codes where balloting occurs. G. Krahenbuhl moved and S. Kretchmar seconded that operating codes be changed to indicate that ballots are to be retained until after the meeting where elected individuals are inducted or honored. Motion passed.

5. Gifts to the AAKPE

Procedures for acknowledging donations to the AAKPE were discussed. It was believed that it is the responsibility of the president to send a personal response to donors. The President's Operating Code needs to be changed to reflect this responsibility. The membership form is to include a statement below the line indicating a donation that asks if the donor would like their contribution to remain anonymous. A single list of donors is to be identified in the AAKPE Newsletter. J. Morrow to change the Business Office Operating Code to indicate that the Business Office is to notify the President of any donations to the AAKPE.

Methods of increasing donations to the AAKPE were discussed. Campaigns for increasing donations need to have a clear statement of the purpose of the campaign. G. Krahenbuhl will appoint a Presidential Committee to investigate stewardship, capital campaign possibilities, gifts, endowments, acknowledgments, reporting, etc.

6. International Fellows serving on Standing Committees

Rights and privileges of International Fellows were discussed. It appears that International Fellows cannot currently serve on Standing Committees. J. Morrow to modify Operating Codes for Standing Committees so that all Fellows can serve on all Standing Committees.

7. AAKPE visibility

There was discussion about AAKPE visibility, influence, meeting times, meeting locations, etc. J. Martens and K. Scott shared possible sites for the 2001 AAKPE Meeting. Two sites in Arizona were reviewed (one in Tucson and one in the Phoenix area). The Executive Committee voted to hold the meeting at Westward Look Resort in Tucson, September 20-22, 2001.

8. Web Site Committee

It was clarified that there is no Standing Web Site Committee. J. Morrow was directed to change operating codes so that ALL Executive Committee members have the responsibility of periodically reviewing the AAKPE Web site and informing the President of suggested changes.

9. By-Laws changes

The By-Laws permit mail ballots (See By-Laws, Article XIII – Amendments [BY-LAWS] Sections 1 and 2). By-Laws changes need to be mailed to Fellows at least 30 days prior to discussion at the Annual Business Meeting. The Committee on the Documents of Governance will be asked to review the two methods of changing the By-Laws (Article XIII – Amendments [BY-LAWS] Sections 1 and 2) and attempt to modify this process into a single one. Because of distribution requirements preceding the Annual Business Meeting and the current need to permit Fellows who do not attend the meeting to vote on By-Laws amendments, suggestions from the Committee of Documents of Governance cannot be considered at the 2000 Annual Business Meeting and will be mailed and then considered at the 2001 Annual Business Meeting.

10. AAKPE membership criteria

J. Morrow presented materials that had been previously discussed at the 1999 Executive Committee meeting from D. Lamb regarding possible changes to the membership criteria. Some of the recommendations to the Membership Committee's Operating Code were changed following the 1999 Annual Meeting. J. Morrow to check with D. Lamb regarding his additional suggestions for changes in the membership qualifications that were recommended by D. Lamb following the 1999 Annual Meeting.

11. Agenda items for Saturday, October 7, Executive Committee Meeting:

Forthcoming 75th anniversary of the AAKPE

Potential program for 2001 – G. Krahenbuhl will request input at the Annual Business meeting.

Two possibilities have already been received (1. J. Harris and S. Hoffman and 2. J. Thomas)

P. Martin suggested that the Executive Committee consider conducting a national salary survey in kinesiology and physical education. This was previously done by the Academy.

The Meeting was adjourned at 5:30 p.m.

Respectfully submitted,

James R. Morrow, Jr.

Secretary-Treasurer

E-mail: jmorrow@coefs.coe.unt.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A.,

American Academy of Kinesiology
and Physical Education

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**Minutes of
the 2000
AAKPE
Business
Meeting
...James R.
Morrow, Jr.**

Saturday, October 7, 2000
The Interlaken Resort, WI

1. Call to Order

President Krahenbuhl called the meeting to order at 12:45 p.m.
There were 39 Fellows present.

2. Introduction of AAKPE Officers

President Krahenbuhl introduced the current officers and newly elected officers.

3. Approval of the 1999 Annual Business Meeting Minutes

J. Thomas moved and K. Cureton seconded that the minutes, which appeared in the fall 2000 AAKPE Newsletter, be approved. Motion passed.

4. Treasurer's Report - Discussion and Approval

J. Morrow presented and discussed three documents which were distributed with Committee Reports distributed to Fellows at the meeting: (1) Profit and Loss Statement 2000, (2) AAKPE Net Worth Report 2000, and (3) AAKPE Investment PerfReport2000. W. Morgan moved and P. Martin seconded that that report be received. Motion passed.

5. Executive Committee and Standing Committee Reports

Reports were distributed at the meeting. Committee Reports were accepted. J. Morrow reported on the Secretary/Treasurer Report and described why changes in

By-Laws could not be considered at this meeting. Changes must be forwarded to the membership at least 30 days prior to the Annual Business Meeting and those not attending the Annual Business Meeting must be given the opportunity to vote on amendments to the By-Laws. J. Wilmore moved and B. Ulrich seconded that the reports be received. Motion passed.

6. Memorial Committee

R. Magill gave the Memorial Committee Report. Memorials were read for Bruno Balke (Fellow #193 - prepared and read by William P. Morgan) and Carl Gisolfi (Fellow #316 - prepared by Charles M. Tipton and read by Richard Magill). A moment of silence was observed following the reading of the memorials. The memorials will be published in the next issue of the AAKPE Newsletter. A. Stull mentioned that Ben Miller passed away during the part year. It was suggested that a memorial be written for Ben Miller.

7. AAKPE Newsletter

Please get all materials to A. Stull by November 15.

8. Graduate Program Evaluation

D. Feltz led a discussion of the pilot data, indicators, general update, and data collection form for the Doctoral Program Evaluation Committee that was previously discussed in the scientific program. Discussion was held regarding the Doctoral Program Evaluation Committee. Various points were discussed including: impact factors, ISI citations, journal reputations, differentiation of types of external funding, whether different procedures and criteria currently in use by other agencies (e.g., NRC, U. S. News and World Report, etc.) should be used or modified or should the Academy develop its own indicators of quality programs. Interpretation of the "advising ratio" was asked for (e.g., does a high or low ratio indicate a more quality program?). D. Feltz reported that a high ratio indicates a more quality program (e.g., Michigan State University's Graduate School is beginning to cut programs that have ratios which are too low).

G. Krahenbuhl suggested that this is a "work in progress," considering that work, time, effort, and expense have gone into the process and that the data collection should continue.

P. Freedson indicated that because of the amount of work conducted so far, the Academy commends the various committees and Fellows who have contributed to this process.

9. NRC Report

S. Kretchmar updated the Fellows on his contacts with the National Research Council on behalf of the AAKPE in attempts to get kinesiology listed in the

Council's rating system. The next NRC study is to be conducted in 2005. The NRC is not ready to determine what disciplines will be used in the 2005 study. The NRC is also reviewing the criteria for the 2005. Data collection for a preliminary study will occur until mid-2002 and then a decision will be made about what disciplines will be included in the ratings. It will be mid-2002 before the NRC makes a decision on the inclusion of kinesiology. The AAKPE should learn about its request at that time.

10. 20001 Annual Meeting and Program

J. Martens and K. Scott presented information on the Westward Look Resort in Tucson, AZ which is recommended for the 2001 Annual Meeting. The projected date is September 20-23, 2001.

G. Krahenbuhl requested input for program ideas for the 2001 meeting.

11. New Business

B. Ulrich, Chair of the Membership Committee, suggested that input be provided to Fellow nominees when their nominee is not placed on the ballot sent to the Fellows for Academy vote. This will help the nominator inform the nominee who was not selected as to what criteria were not met. The 2000-2001 Committee on Membership is to consider this and recommend changes to its Operating Code so that such action is taken yearly.

G. Krahenbuhl indicated that a stewardship committee will be developed to consider how the Academy responds to gifts and endowments that are received by the Academy.

G. Krahenbuhl presented the concept of having the Academy meet on a bi-annual basis rather than annually. No support was voiced for this concept and G. Krahenbuhl asked that Fellows consider such for possible future discussion.

J. Thomas asked that the Academy acknowledge the excellent work that G. Krahenbuhl did this year following assumption of the president's responsibilities due to the family emergency encountered by T. White. G. Krahenbuhl did a remarkable job of putting the meeting together, getting committees underway, and generally leading the AAKPE during this awkward time.

J. Wilmore asked that the Academy acknowledge J. and R. Martens for their work in leading AAKPE Business Office and the insight and assistance that Human Kinetics has had toward the AAKPE.

B. Morgan and R. Dishman were acknowledged for agreeing to take the lead on putting the scientific program together and offering an outstanding program.

The Meeting was adjourned at 2:10 p.m.

Respectfully submitted,
James R. Morrow, Jr.
Secretary-Treasurer

E-mail: jmorrow@coefs.coe.unt.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A.,
phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: humank@hkusa.com

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**Executive
Committee
Meeting
Minutes
...James R.
Morrow, Jr.**

Saturday, October 7, 2000
The Interlaken Resort, WI

Present: D. Feltz, P. Freedson, G. Krahenbuhl, S. Kretchmar, J. Martens, J. Morrow, K. Scott, S. Silverman

Absent: J. Dunn, T. White

1. Calendar of events for 2000-2001

It was recommended by G. Krahenbuhl that a conference call be conducted later in the fall to finalize committee memberships, thoughts on the 2001 program, and Academy business.

There will also be a spring conference call in February/March 2001 to update the Executive Committee on plans, actions, and activities. There will be a 2001 Conference registration mailing approximately July 1, 2001. There will be a mailing to all Fellows on approximately August 1, 2001 that will include current and future recommended changes to the AAKPE By-Laws.

2. AAKPE Newsletter

Executive Committee members were reminded to get all materials to A. Stull by November 15, 2000.

3. Operating Codes

J. Morrow to update operating codes based on discussion at the two Executive Committee meetings held this year and forward all updated Operating Codes to K. Scott, S. Silverman, and G. Krahenbuhl. Operating codes will be posted on the AAKPE WWW site so that standing committee members and Officers can easily access the codes.

4. Committee Assignments

Various committee assignments (both Presidential and Standing Committees) were discussed.

5. Stewardship Committee

G. Krahenbuhl will develop a Presidential Committee to investigate practices for acknowledging gifts to the AAKPE, potential endowments, etc.

6. Directory of Specialists

The current Directory of Specialists was discussed as were methods for having new Fellows automatically included in the Directory. G. Krahenbuhl will contact individuals regarding updating the Directory of Specialists.

7. 75th Anniversary meeting – 2003

The 2003 Annual meeting will be the Diamond Jubilee (75th Anniversary) of the AAKPE Meetings. It was discussed that the meeting should have special significance. Various concepts and possible program themes were discussed. Individuals should contact D. Feltz with specific ideas.

8. 2001 program possibilities were discussed.

9. Feedback on this meeting

General feedback on the location and accommodations for the 2000 meeting were discussed. G. Krahenbuhl, B. Morgan, and R. Dishman were again acknowledged for putting together an excellent meeting.

10. Increasing the visibility of the AAKPE

Ideas for increasing the AAKPE's visibility were discussed. Some issues briefly presented included interfacing with other organizations, conducting joint AAKPE sessions at other organizations, and sponsoring joint lectures with other organizations. The Executive Committee was asked to consider such possibilities and be prepared to discuss them at future conference calls and Executive Committee meetings.

11. Program Evaluation Budget request

D. Feltz was asked to develop a budget for the continuance of the Program Evaluation Committee.

The Meeting was adjourned at 4:45 p.m.

Respectfully submitted,

James R. Morrow, Jr.

Secretary-Treasurer

E-mail: jmorrow@coefs.coe.unt.edu

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Report of Graduate Program Evaluation Committee ... Deborah L. Feltz

The committee's charge from the 1999 business meeting was as follows:

1. Decide on the final indicators to be used on the final form of the survey.
2. Design the final form of the survey.
3. Decide on how the data from the final survey are going to be used (i.e., result in rankings, result in tiers, be just descriptive, use weightings of indicators, etc.).

The committee realized that this evaluation project is a work-in-progress. Some of the following indicators may be modified after we have gone through a full national evaluation once or twice. The committee reviewed the indicators used in the pilot study, rejected those that were not informative, modified those that were confusing, and added some as recommended by the membership and pilot study respondents. The following are the indicators that will be used in the evaluation:

Final Quality Indicators

1. Publications per faculty
2. Books per faculty
3. Presentations per faculty
4. External funding per faculty
5. Federal research funding per faculty
6. Editors of journals per faculty
7. Editorial boards per faculty

8. Percentage of Fellows in AAKPE
9. Fellowships in other societies per faculty (a faculty member could have more than one)
10. Doctoral advisees per faculty
11. Percentage of faculty with at least one advisee
12. Doctoral advisees graduated per faculty
13. Percentage of faculty with at least one advisee graduated
14. Doctoral advisees' employment per faculty
15. Total doctoral students/total faculty
16. Verbal, Quantitative, and Analytical GREs
17. Number of research assistantships/number of students
18. Median & mean years to degree
19. Total number of doctoral applications
20. Acceptances/applications (selectivity)
21. First-time enrollments/acceptances (yield)

The final form of the survey will be completed on an EXCEL spreadsheet that will be sent and returned electronically. Majors changes from the pilot study include a sign-off by department chairpersons, the inclusion of only current faculty, summary data for four years rather than year-by-year, and a reduced set of indicators on student data.

Finally, the committee has proposed to hold off on the decision as to how the data from the survey are going to be reported until the full set of national data can be examined and presented to the Executive Committee. However, the committee decided NOT to attempt to derive a single ranking of programs based on some aggregate of the quality indicators.

I want to take this opportunity to thank the members of the 1999-2000 Graduate Program Evaluation Committee-Joe Hamill, Steve Silverman, and Kathleen Williams. I also wish to thank all those who participated in the pilot study and provided feedback regarding the content and process of the evaluation. This helped tremendously in developing the final survey.

E-mail: dfeltz@msu.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A., phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: humank@hkusa.com

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Committees and Appointments, 2000-2001

Standing Committees

Awards

Maureen Weiss, Chair, 2001

John Shea, 2001

Mary O'Sullivan, 2002

Carl Caspersen, 2002

T. Gilmour Reeve, 2003

Rachel Yeater, 2003

Documents of Governance

R. Scott Kretchmar, Chair

James Morrow, Jr.

Bonnie Berger

Historian

Stephen Hardy (continuing)

Membership

Philip Martin, Chair, 2001

Thomas McKenzie, 2001

Roberta Rikli, 2001

Dana Brooks, 2002

Emily Haymes, 2002

Jeffrey McCubbin, 2002

Catherine Ennis, 2003

John Ivy, 2003

Karen French, 2003

Newsletter Editor

W. Michael Sherman

Nominations

Deborah Feltz, Chair
Karen DePauw, 2001
Edward Howley, 2001
Michael Wade, 2002
Sharon Plowman, 2002

Memorials

Janet Harris, Chair, 2002
John Lucas, 2001
Waneen Spirduso, 2003

Program Chair

Daniel Landers

Presidential Committees

Graduate Program Review

Deborah Feltz, Chair
Kathleen Williams
Joseph Hamill

Stewardship

Robert Christina, Chair
Stephen Silverman
Margaret Jo Safrit
G. Alan Stull

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**2001 Program
Theme:
Preparing
Future Faculty
. . . Gary S.
Krahenbuhl**

After considering several program proposals for the 2001 Annual Meeting, the Executive Committee supported the theme of preparing future faculty. Some of the suggestions for session topics that have been proposed by the Academy membership include the following:

1. The changing nature of mentoring
2. The expanding set of faculty skills needed for success
3. Demographics of the field
4. Emerging and declining areas of specialization
5. Trends in interdisciplinary/integrative research
6. Characteristics of programs in other countries
7. Future demand for Ph.D.s in the field
8. Evaluation of graduate programs
9. Teaching as a required aspect of professional preparation
10. Essential experiences in Ph.D. preparation

Dan Landers has graciously agreed to serve as the Program Chair for the 2001 Annual Meeting, and he will be seeking additional session topics and potential presenters. Fellows are encouraged to contact Dan if they wish to suggest session topics, offer the names of individuals they feel would be good speakers, or volunteer to lead a session that has special significance to them. Program planning is in a very preliminary stage at this time, so all forms of feedback and response are encouraged.

E-mail: gary.krahenbuhl@asu.edu

Landers@asu.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A.,
phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: humank@hkusa.com

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Terrific Tucson Location for 2001 Meeting . . . Kim Scott

WESTWARD LOOK RESORT

TUCSON, ARIZONA

September 20-22, 2001

The site chosen for the 2001 annual meeting is the Westward Look Resort. If this sounds familiar, it probably is. The Academy held its annual meeting at the Westward Look in the early 1990s. The resort is an 80-acre Sonoran Desert oasis nestled in the foothills of Tucson's Santa Catalina Mountains. The resort features suite-size accommodations, award-winning dining, championship recreation, and a luxurious health spa. For more details, you can check out the resort's Web site at <http://www.westwardlook.com>.

There are numerous golf courses within minutes of the resort. Activities you can enjoy are: swimming in one of three heated pools, relaxing in one of three jacuzzis, playing a challenging match of tennis on one of eight lighted courts, or challenging yourself to a rugged outdoor hike in the nearby Catalina Mountains. Other activities include on-site horseback adventures, nature walks, biking, or a visit to the wellness center and spa.

The Westward Look Resort is accessible from both Tucson International Airport (40-minute drive with shuttle service available) or Phoenix International Airport (90-minute drive with comparable shuttle service). A survey of airfare shows that fares are about the same into either Tucson or Phoenix.

We're still negotiating with the resort on the room rate, but you will be offered the same rate for three days prior and three days after the program dates.

Mark your calendars now and watch for more conference details in the spring issue of the *AAKPE Newsletter*.

Questions? E-mail: kims@hkusa.com or juliem@hkusa.com.

Call for Nominations for Prospective Fellows

Nominations for prospective fellows are due to Dr. Philip E. Martin, Department of Exercise Science and Physical Education, Arizona State University, Tempe, AZ 85287-0404 not later than Thursday, February 1, 2001. Please contact Dr. Martin for required forms to be submitted and information relative to page limitations.

AAKPE Membership Criteria

For Active Fellow

1. Be currently engaged in professional and/or scientific work in kinesiology and physical education.
2. Have demonstrated competence in this profession/discipline over a period of at least 10 years to include all of the following:
 - a. Significant contributions to the scholarly literature through the study or application of the art and science of human movement and physical activity.
 - b. Significant contributions to the professional literature in this field.
 - c. Leadership activities in professional associations and learned societies.
 - d. Other evidence of leadership in the field of kinesiology and physical education.
3. Must be willing to participate in the Academy meetings and work in furthering the goals of the Academy.

For International Fellow

1. Be currently engaged in professional and/or scientific work in kinesiology and physical education.
2. Reside outside the United States of America.

E-mail: philip.martin@asu.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A.,

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Call for Officer Nominations

We must elect two new Academy officers in 2001—a president-elect and a member-at-large. The criteria for those offices are as follows:

President-elect: Active Fellow, 4 years membership in the Academy (Fellow number 375 or below, elected in 1996 or earlier).

Member-at-Large: Active Fellow, 1 year membership in the Academy (Fellow number 417 or below, elected in 1999 or earlier).

Other Eligibility Rules:

1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.
2. Nominations may be made by all Fellows, but only Active Fellows are eligible for office.

Send nominations by Thursday, February 1, 2001, to Dr. Deborah L. Feltz, 138 IM-Circle, Michigan State University, East Lansing, MI 48824.

E-mail: dfeltz@msu.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A., phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: humank@hkusa.com

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Call for Nominations for the Hetherington Award

The Hetherington Award, the highest honor bestowed by the Academy, was established in honor of Clark W. Hetherington to provide recognition for an Academy Fellow's service to the American Academy of Kinesiology and Physical Education and for contributions specifically related to the purpose of the Academy as an organized group of leaders in kinesiology and physical education. Such service and contributions may include the following:

- a. Production or stimulation of needed research;
- b. Contributions of philosophical and/or scientific concepts;
- c. Effective dissemination of professional knowledge through writing, speaking, and/or teaching;
- d. Direction of theses and dissertations where significant contributions have been made;
- e. Active participation and service as a member of the Academy and its affairs.

Any Academy Fellow (Active or Emeritus) who has retired from his/her professional position is eligible for this award [Article X, Section I, By-laws (1980)]. No one may receive the award twice.

The completed nomination shall include information concerning (1) the area of contribution, (2) the nature of the contribution, and (3) significance of the contribution by the nominee. The completed nomination and a detailed, current vita of the nominee's qualifications for the Hetherington Award should be sent not later than Thursday, February 1, 2001, to Dr. Maureen R. Weiss, Kinesiology Program, University of Virginia, PO Box 400407, Charlottesville, VA 22904-4407.

E-mail: mrw5d@virginia.edu

Contact AAKPE c/o Human Kinetics: P.O. Box 5076, Champaign, IL 61820-2200, U.S.A., phone (800) 747-4457 or (217) 351-5076, fax (217) 351-2674, or email: humank@hkusa.com

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John Loy Receives Honorary Doctorate

John W. Loy, who was inducted into the Academy in 1988 as Active Fellow #326 and is currently an International Fellow, has been awarded an Honorary Doctorate by the faculty of Sport and Health Sciences at the University of Jyväskylä. The degree was conferred on June 10, 2000, at the Finnish university, and those in attendance included the President of Finland and Professor Bengt Saltin, the internationally renowned exercise physiologist.

During the conferral of the Honorary Doctorate, John was cited as a world pioneer in the sociology of sport. His academic interests are in the historical sociology of physical culture in general, and body culture and sport in particular. His current research is focused on *The Agon Motif: Striving for Excellence and Achieving Distinction Through Physical Prowess*. He has given invited lectures at more than sixty universities and presented papers at scholarly meetings throughout the world. He is the co-author or co-editor of ten books, author or co-author of thirty book chapters, and author or co-author of more than forty articles on the sociology of sport.

John is a former president of the North American Society for the Sociology of Sport, president of The Association for the Anthropological Study of Play, vice president of the International Sociology of Sport Association, and vice president of the North American Society for the Psychology of Sport and Physical Activity. He played a leading role in establishing the International Sociology of Sport Association and the *International Review for the Sociology of Sport*.

Subsequent to receiving his doctorate from the University of Wisconsin-Madison, John taught at the University of Illinois, the University of Waterloo, the University of Massachusetts, and the University of California at Los Angeles. In 1993, he joined the faculty at Otago University in Dunedin, New Zealand, and this past February 15th was appointed as Dean of its School of Physical Education. On the personal front, John was married on May 19th to Dr. Liliana Gonzalez.

The Academy congratulates John on his many accomplishments and wishes him continued good fortune in both his professional and personal life.

E-mail: jloy@pooka.otago.ac.nz

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Congratulations to Our Fellow Academy Members



Effective July 1, 2000, **R. Scott Kretchmar** began a five-year appointment as Penn State's NCAA Faculty Athletics representative. In that role, Scott provides faculty perspectives on all intercollegiate athletic matters, but specifically on issues related to academic integrity. He administers coaching certification tests for the NCAA, reports to the Faculty Senate on matters pertaining to intercollegiate athletics, and serves on the Senate Intercollegiate Athletics Committee. In addition, he serves as a faculty liaison for student athletes, monitors the student-athlete experience, and meets with student athletic committees.

On September 2, 1999, in Liubliana, Slovenia, **Vladimir M. Zatsiorsky** was elected as an Honorary Member of the International Association of Sport Kinetics. Vladimir also gave several invited lectures in Paris during October 1999 for coaches of the French National Olympic teams in various sports, researchers, and faculty of the INSEP on strength and endurance in sport.

During the summer of 1999, **Richard C. Nelson** presented the keynote address on forensic biomechanics at the combined meeting of the American and Canadian Societies of Biomechanics at the University of Waterloo. In May, Dick returned to Michigan State University where he received the Distinguished Alumni Award from the College of Education.

This past spring, **Patty S. Freedson** had the unique honor of having a boat named after her by the Women's Crew Team at the University of Massachusetts. The Patty S. Freedson is a new eight-person crew boat used by the team. Other boats have been named in honor of the chancellor's wife and the wife of former Governor Weld. Patty has taught several of the crew members, and some of the coaches have also taken her classes. In addition, this past spring Patty delivered the Research Consortium's C.H. McCloy Lecture at the AAHPERD convention in Orlando.



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Letters from Our Fellows Emeriti

August 2000

Dear Al,

I retired from Penn State on December 31, 1994, but have retained contact with the University as an Emeritus Professor. I have been giving some lectures and continue to work with some of the graduate students in biomechanics. Some years ago, I became involved as an expert witness in personal injury and product liability cases. As time passed, I continued to be asked by attorneys and insurance agents to conduct biomechanical analyses and reconstruction of a wide range of accidents. As a result, I have stumbled into a second career which I find very interesting, challenging, and financially rewarding. To date, I have consulted on over 600 cases averaging about 100 per year over the past two years. I've also been asked to present lectures to attorney organizations, insurance claims agents, and various professional organizations. I've adopted the term, "Forensic Biomechanics," to describe this work. I have been working with some of the biomechanics graduate students to introduce them to this new field. They assist with cases by reviewing documents and preparing draft reports. The most recent Ph.D. graduate from the program, Deric Wisleder, accepted a position with a biomechanics consulting firm in California, in part because of his experience working with me.

In addition to this new work, I continue to serve on the Medical Commission of the IOC which has included conducting biomechanical studies during the Olympic Games. I will be in Sydney next month, which represents the ninth Olympic Games I have attended to work on these projects. The good news is that in this capacity I am provided an IOC credential which allows me to go to any venue and sit in the VIP section. We are already planning for the Winter Games in Salt Lake City in 2002.

Another "hobby" involves the NHL All-Star skills competition. With a colleague, I have developed two of the tests—hardest shot and fastest skater—which means that we have attended the last eight NHL All-Star weekend events.

On the personal front, Inez and I continue to be in good health and are enjoying life including seeing our three children and five grandchildren on a regular basis.

Finally, I have been playing a lot of golf lately including an occasional round with your old pal

Dewey Morehouse. Of course he spends the winters in Florida so his golf game stays sharp year-round. Best wishes for good health and many happy and productive days.

Regards,

Richard C. Nelson, Fellow 225

E-mail: rcn1@psu.edu

August 2000

Dear Al,

After asking so many Fellows Emeriti to write letters, I can hardly ignore your request.

I retired from the University of Wisconsin eleven years ago and now have an adjunct professorship appointment (the non-salary kind) at Michigan State University. This is where it all started for me in 1949. I still do a bit of professional writing and attend meetings from time-to-time.

I'm thoroughly enjoying retirement but often can't find time to do all the things I want to do. As to physical exercise, because of orthopedic problems I no longer am able to play handball or squash, activities I sorely miss. However, I ride my bike almost every day. In fact, I recently returned from the Netherlands after a week of biking with one of my sons. This was the third time I biked in that friendly country; the first time was with another Academy Fellow Emeritus, Fran Nagle. I play a little golf in the summer and downhill or cross-country ski in winter when conditions are favorable. During January and February my wife and I spend six or eight weeks in either Oxnard or Ventura, California, near where my daughter and her family live. I keep a bike out there so as not to succumb completely to the sun and sand. When time permits I attempt a little art work.

I cherish the friendship of Academy members and enjoy visiting with them or reading their letters. With best wishes to all Academy members and specially to the Emeriti Fellows.

Sincerely,

Henry J. Montoye, Fellow 148

September 2000

Dear Al,

To those who are apprehensive about retirement, this is a testimonial that life is great when freedom to choose is part of the equation. Nancy and I celebrated our 43rd wedding anniversary this summer with a three-week trip to Denmark, Finland, Norway, and Sweden. The

Scandinavians seem far ahead of us in conserving their environment.

Return of our daughter and her family to East Lansing after 14 years in Houston found me teaching soccer, softball, and baseball to the grandchildren. Self-assessment suggests that added patience and tolerance for errors made me a better teacher now than when coaching was part of the job description.

I played 46 rounds of golf last year, but only 12 thus far this year. Somehow, the scores seem unusually high for one who has a background in motor development. I also reverted to my boyhood tasks of rural northern Wisconsin by cutting and splitting 80 cords of firewood this year, so if you're in the area, bring a trailer.

On September 14th, John and I will depart on a 12-day trip of hiking and fishing in Oregon's Hells Canyon. Good health and opportunities to do things that were prohibitive in an academic setting have made retirement an enjoyable expedition.

Sincerely,

Vern D. Seefeldt, Fellow 280

Email: vseefeld@pilot.msu.edu

October 2000

Hello Al,

I finally decided that #184 ought to "go emeritus." At any rate, I still say that I am semi-retired, and I believe that a bit of publication, consulting, and lecturing supports that contention.

I lost my wife and partner of approximately 62 years in 1998. We started "going around together" in our first year at Bates College. Asian flu and pneumonia took her away after a five-day struggle. I recently worked to create a Bertha Bell Zeigler Memorial Lecture Fund in her name back at the London Regional Art & Historical Museum where she had served as a volunteer for approximately twenty years. We had moved permanently to the Vancouver, British Columbia, area of Canada in 1996 but also had a condo on Lake Whatcom in Bellingham, Washington, which we purchased in 1990.

As it happened, I am one of some 80,000 leaky condo owners in the Greater Vancouver area. It has been quite devastating from the standpoint of repair costs and lowered property values. Euphemistically it has been called "premature envelope failure." But it is a nice home basically with a pool, exercise room, and spa which I use nightly usually all by myself.

Life looked up significantly in 2000. I am now married to Anne Rogers, a nurse advisor who recently took early retirement from the Workers' Compensation Board. We went to my 60th class reunion at Bates College in Maine in June and visited New York City later (I was born there in 1919). In September I did several weeks of lecturing and consulting in Hong Kong.

Last week we returned from the University of Western Ontario where I was inducted into the Swimming Wall of Honor at a 50-year celebration. I was the first coach there in 1949-50.

All in all, I guess I'm becoming a bit of a survivor despite hearing aids, artificial knees, some missing parts, and an aching back. Heartfelt greetings to friends and colleagues.

As ever,

Earle F. Zeigler, Fellow 184

E-mail: zeigrog@axion.net

October 2000

Dear Al,

I continue to enjoy my retirement in the beautiful Northwest. My days are a collage of events that vary from day to day. Included are mornings on the river fishing either for the elusive steelhead or the challenging salmon. This time of the year includes hunting blacktail deer. This fall I was asked by a friend to introduce her young son to deer hunting. It has been a wonderful opportunity—he is a very bright 13-year-old with good outdoor skills.

My wife and I are blessed with several grandchildren including our first grandson born in Milwaukee in July. Visiting the local grandkids is high on our list of fun things to do. We spent a couple of weeks visiting friends and family in the Chicago/Milwaukee area last summer. My wife continues to enjoy teaching at the middle school level. This "affords" me the opportunity to cook-up some of my successes from the fishing trips.

My day often includes a trip to the office on campus kindly provided by the College. My last teaching assignment was in 1999 when I was asked to teach a couple of introductory exercise physiology courses. Really enjoyed the opportunity though I must admit it was more challenging than the graduate courses I had been teaching.

I was recently informed that I have been inducted into the University of Illinois-Chicago Athletic Hall of Fame. Formal induction will take place in February 2001. I attended UIC for three terms and lettered in basketball and baseball (1952 MVP). The selection comes a quite a surprise and is of dubious merit.

I close with warm regards to you and all of my good friends in the Academy.

Sincerely,

Michael G. Maksud, Fellow 318

E-mail: mike.maksud@orst.edu

November 2000

Dear Al,

I have been officially retired from Ohio State for 13 months now, and I can't believe how stupid I was not to start my career 36 years ago as a retiree rather than as an academic! Contrary to my expectations, I don't miss going to the university at all.

So far, I'm still giving presentations—mostly on dietary supplements—with some regularity. (I may quit doing this because I'm getting tired of audience members observing my atrophied muscle structure and urging me to start using anabolic steroids.) I also continue to enjoy organizing and moderating conferences and editing lots of educational offerings for the Gatorade Sports Science Institute.

Other than not having to sit through non-productive faculty meetings, perhaps the thing I enjoy most about retirement is my ability to play tennis for 8-10 hours per week and to spend at least some of the winter months in Arizona (Tucson) or California. Also, my wife, Cozette, and I have some great opportunities to travel, which we enjoy immensely. Because we love the sun so much, our tentative plan is to make a permanent move to Arizona or California in a year or so. We are both—knock on wood—very healthy and physically active and plan to stay that way.

I look forward to seeing you and the other Fellows at the 2001 AAKPE meeting and getting caught up.

Sincerely,

David R. Lamb, Fellow 369

E-mail: dlamb@columbus.rr.com

November 2000

Dear Al,

I have no fax, email, nor any other super-fast method of communicating with you, so I'll simply have to depend upon the tried-and-true telephone which has served us so faithfully over the years.

Since my retirement from Penn State in December 1997, I have lectured on a dozen different dimensions of the Olympic Games. My lectures have been given in 77 cities in North America, Europe, and Asia. I have delivered a total of 210 lectures to audiences as diverse as elementary and middle-school students to graduate students enrolled in the Master of Business Administration program at Harvard University. In 1996, I delivered the keynote address at the annual meeting of the American College of Sports Medicine. I recently returned from the 2000 Olympic Games in Sydney where I gave nine lectures during my 26 days in that lovely city.

In my 55 years of running, I have surpassed the 103,000-mile mark. I am in good health and

certainly hope that you, Jeanine, and my good friends in the Academy are also enjoying the benefits of living a healthy lifestyle. I send my warm regards and very best wishes to all.

Sincerely,

John A. Lucas, Fellow 241

November 2000

Dear Al,

I was disappointed that I was unable to attend the recent Academy meetings but look forward to attending the 2001 sessions in Arizona. In early 1997, I became an Emeritus Professor of Physiology and Surgery at the University of Arizona. That appointment enables me to maintain an office with clerical services while pursuing a variety of activities that include chairing the APS Section on Environmental and Exercise Physiology, slowly editing an APS textbook on the history of exercise physiology, undertaking a manuscript with Hargens and Baldwin for *Physiological Reviews*, and trying to convince ACSM they should change their election process as well as their guidelines pertaining to established speakers (e.g., the Gollnick Tutorial Lecture).

The retirement transition process was not "a piece of cake" because I found that conducting or directing laboratory research had become an integral component of my daily existence. Consequently, I have become a member of an "ole fogies" book club, enrolled in a poetry class, become a better part-time caretaker of the Tipton property, an uncoordinated cheerleader for the activities of five grandchildren, a more frequent companion on scheduled tours, and a dues-paying member of a nearby fitness club. If my articular surfaces don't fail before the end of the year, I should be able to add a half-marathon to this innocuous list.

And that's the way it is in Tucson!

Regards,

Charles M. Tipton, Fellow 215

E-mail: tipton@u.arizona.edu

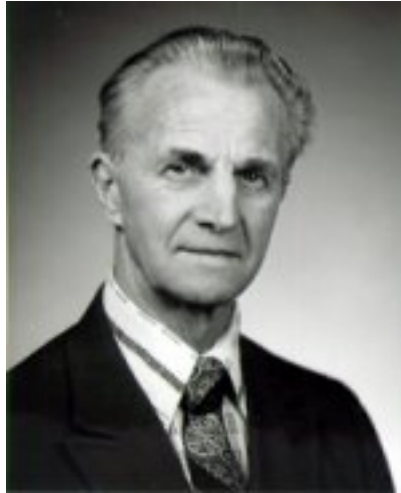
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American Academy of Kinesiology
and Physical Education

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In
Memoriam
Albert
H.L.
Bruno
Balke
Fellow #193
1907-1999

Albert H.L. Bruno Balke, Ph.D., M.D., died June 7, 1999, in Grand Junction, Colorado. Professor Balke was preceded in death by his wife, Annemarie (Anaker) Balke in February 1996.

Bruno Balke was born September 6, 1907, in Braunschweig, Germany. Having experienced much success in his youth as a fencer and track athlete, he turned to a career in physical education, following in his father's footsteps. He enrolled in the Germany Academy of Physical Education directed by Dr. Carl Diem of international fame. By 1928, Bruno's interest turned to medicine and physiology, and he began medical studies at the University of Berlin as he completed his diploma as a "Turn-Und Sportlehrer."

Bruno supported his medical studies coaching sports and in the spring of 1936, he received his license to practice medicine. During his internship, he completed the thesis required to obtain the title, "Dr. Med." and accepted a position as a sports medicine physician at the University of Berlin.

In addition to clinical work, Bruno engaged in human performance research and was invited to participate in a German team expedition to scale Mt. Everest in 1938. After four attempts from 7,300 meters, bad weather forced the team to abandon the effort, but the experience further whetted his appetite to study the limits of human performance.

From 1939-1945, Dr. Balke served as a medical officer in the German military. From 1942-1945, he was engaged in altitude physiology research in the Austrian Tyrol at the Army Mountain Medical School. During this period, he completed his work toward the Ph.D. in physiology from the University of Leipzig.

The Balkes remained in the Austrian Tyrol until 1950 when Bruno was asked to join a group of German medical scientists working for the U.S. Government at the USAF School of Aviation Medicine in San Antonio, Texas. Here, over the ten years from 1950 to 1960, he directed many significant human performance studies on U.S. airmen with interventions of bed rest, blood loss, altitude, and hypocapnia. His pioneering research in physical fitness testing showed that 70 percent of U.S. airmen of all ranks scored below the "Fitness Index" of "Fair." Also, during this time, he framed the rationale for "aerobic training," a concept made famous by one of Dr. Balke's flight surgeons in training, Dr. Kenneth Cooper, who later developed and currently directs the world-famous Cooper Institute in Dallas, Texas.

In 1960, Professor Balke moved to Oklahoma City to head the Human Biodynamics Section of the Civil Aeromedical Research Institute of the Federal Aviation Agency. Here, he continued his work in human factors physiology focusing on flight control operators. During this brief period from 1960-1964, he also did significant pioneering research on exercise intervention and testing in coronary artery disease.

Coming to the University of Wisconsin in 1964 as Professor of Physiology and Physical Education, Bruno set out to strengthen and extend the graduate program in exercise and environmental physiology. He designed and saw to completion the Biodynamics Laboratory Complex in Gym Unit II. Subsequently, numerous graduate students with interests in sport and its biological correlates gravitated to Wisconsin from all parts of the world. In Professor Balke's tenure from 1964-1973, he advised some thirty graduate students.

Bruno initiated the Faculty Exercise Program that continues today on a modest scale. At UW-Madison, he continued his advocacy of exercise intervention in coronary heart disease. He established the Cardiac Stress Testing and Exercise Rehabilitation Program for myocardial infarction patients and gradually received support from local physicians who referred patients. The program continues today at the UW Clinics on Madison's westside and became a model for others around the U.S.

Professor Balke served as President of the American College of Sports Medicine, 1964-1965, and received both the Citation and Honor Awards from that organization. He was the first editor of the College's journal, a publication now serving some 17,000 College members.

With all of his accomplishments, Professor Balke described his tenure at Wisconsin as the most productive years of his professional career. He enjoyed more than anything his day-to-day contacts in teaching physiology. This was clear to students, for one wrote: "Dr. Balke was a teacher always willing and ready to discuss and answer questions in the classroom, office, or laboratory-his personal warmth and attention to people has made his 'Biodynamics Family' an important happening in my life."

The high regard in which Bruno Balke was held by students was expressed in 1980 when a symposium, titled "Exercise in Health and Disease," was held in his honor in Madison. His students, at that time in professorial roles, presented all of the papers, now published. Again in 1997, on the occasion of his ninetieth birthday, he was honored with another symposium by former students in Denver, Colorado.

In 1973, Dr. Balke and Annemarie returned to a much-loved mountain setting, in Aspen, Colorado. He remained active until his last days, hiking the Colorado mountains. At age 91, he was testing, counseling, and training high school athletes at a rehabilitation facility in Grand Junction, Colorado. Professor Balke leaves four children, eleven grandchildren, and two great grandchildren.

Prepared by William P. Morgan, Fellow 233, and Francis J. Nagle, Fellow 260.
E-mail: wmorgan@education.wisc.edu. Photo courtesy of the University of Wisconsin-Madison Archives.

In Memoriam

Carl V. Gisolfi

Fellow #316
1942-2000

Carl V. Gisolfi, Distinguished Professor in the Department of Exercise Science and the Department of Physiology and Biophysics at the University of Iowa, died unexpectedly on June 3, 2000, from a prolonged illness.

After graduating from Manhattan College as a physical education major with an impressive academic and athletic record, Gisolfi became a graduate student at Indiana University, where, in 1969, he obtained a Ph.D. in physiology under the mentorship of Professor Sid Robinson. Not unexpectedly, his dissertation was in the area of thermoregulation. Subsequently, Gisolfi received a joint appointment in the Department of Physical Education-Men and in the Department of Physiology and Biophysics at the University of Iowa, where he established a "state of the art" human climatic research and teaching laboratory. His initial focus was on the

integrated responses of non-trained and non-acclimatized subjects to conditions of heat tolerance and exercise training, which soon became recognized as landmark investigations in temperature regulation. Later, he extended these studies to include rodents and primates while broadening his research areas of investigation to include fluid balance, gastrointestinal functions, substrate absorption and utilization, heat shock proteins, and neurotransmitter interactions.

Gisolfi's interest in dehydration and rehydration made him a pioneer on the use of oral rehydration solutions containing carbohydrates. He was the first to demonstrate that increasing the carbohydrate concentration of sport drinks above 2.5% did not impair gastric, thermal, or circulatory functions. Moreover, it was his CNS studies with primates that effectively refuted the calcium theory of the thermoregulatory setpoint. These collected studies were associated with the publication of more than 100 peer-reviewed manuscripts, 10 chapters in required textbooks, 115 abstracts, first authorship on the *Hot Brain*, which began distribution during the week of his death, and numerous invitations from throughout the world to present his research.

Gisolfi became a full professor in 1981. He was designated Distinguished Professor by the University of Iowa in 1996. He was an enthusiastic, informed, and effective teacher who taught human, environmental, and exercise physiology to undergraduate, graduate, professional, and medical students as well as to individuals enrolled in extension and certification classes. In 1975, he was awarded Teacher of the Year by the College of Medicine. Gisolfi will also be remembered as a demanding, critical, and caring mentor. During his lifetime, he was advisor to thirteen students who received the Ph.D. and to eight who received the M.S. degree. Because of his reputation as a dynamic and enthusiastic teacher, Gisolfi's laboratory was a "magnet" for undergraduate exercise science students, which is evidenced by the fact that he had supervised 38 students conducting various projects.

Professor Gisolfi's professional service record included being a member of an NIH Study Section, editorial board member and associate editor of the *Journal of Applied Physiology* and of *Medicine and Science in Sports and Exercise*, and co-editor of the series entitled *Perspectives in Exercise and Sports Medicine*. He also possessed exceptional leadership ability which was demonstrated when he served as a member and chair of the APS Section on Environmental and Exercise Physiology (EEP) and chair of the APS Program Executive Committee. It was no surprise to those who knew him that he was elected to the Parish Council of the St. Moore Catholic Church in Iowa City.

Gisolfi's honors included receiving a Citation Award and the prestigious Honor Award from the American College of Sports Medicine (ACSM), being elected as president of ACSM Foundation, and being elected as a Fellow in the American

Academy of Kinesiology and Physical Education. In addition, he was designated by his EEP colleagues to give the important Adolph Lecture at the 2000 Experimental Biology Meeting, which due to his untimely death, he was not able to deliver. The title of his talk was to have been "Is the gut built for exercise?"

He was the loving husband to his wife Louise, a devoted father to his daughters Kirsten, Tanya, and Nicole, and a benevolent grandfather to Brendan, Carissa, Aidan, Brodi, and Kaija. To many, it was a privilege to have known him because of his enthusiasm for science and for life. He brightened the day for those in his presence. His effusive, friendly greetings and focused attention made one feel like a long-lost friend or relative. The courage he exhibited during a nine-year period of pain, discomfort, fatigue, and impending death was inspirational. He was always positive about his future, never complained, or exhibited signs of self-pity or blamed fate for his status. Characteristically, his only concern was how his condition would adversely affect the lives of his family, staff, students, and department. Carl V. Gisolfi was truly a gentleman and a scholar. He will be missed.

Memorials in his name can be directed to either the Foundation of the American College of Sports Medicine, 401 West Michigan Drive, Indianapolis, IN 42606-1440, or to the City of St. Jude, 2048 West Fairview, Montgomery, AL 36101.

Prepared by Charles M. Tipton, Fellow 215. E-mail: tipton@u.arizona.edu.

Editor's Note: The Department of Physiology and Biophysics in the College of Medicine at the University of Iowa has published a memorial statement and photo of Dr. Gisolfi on its Web site. That address is <http://www.physiology.uiowa.edu/gisolfi.htm>.

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